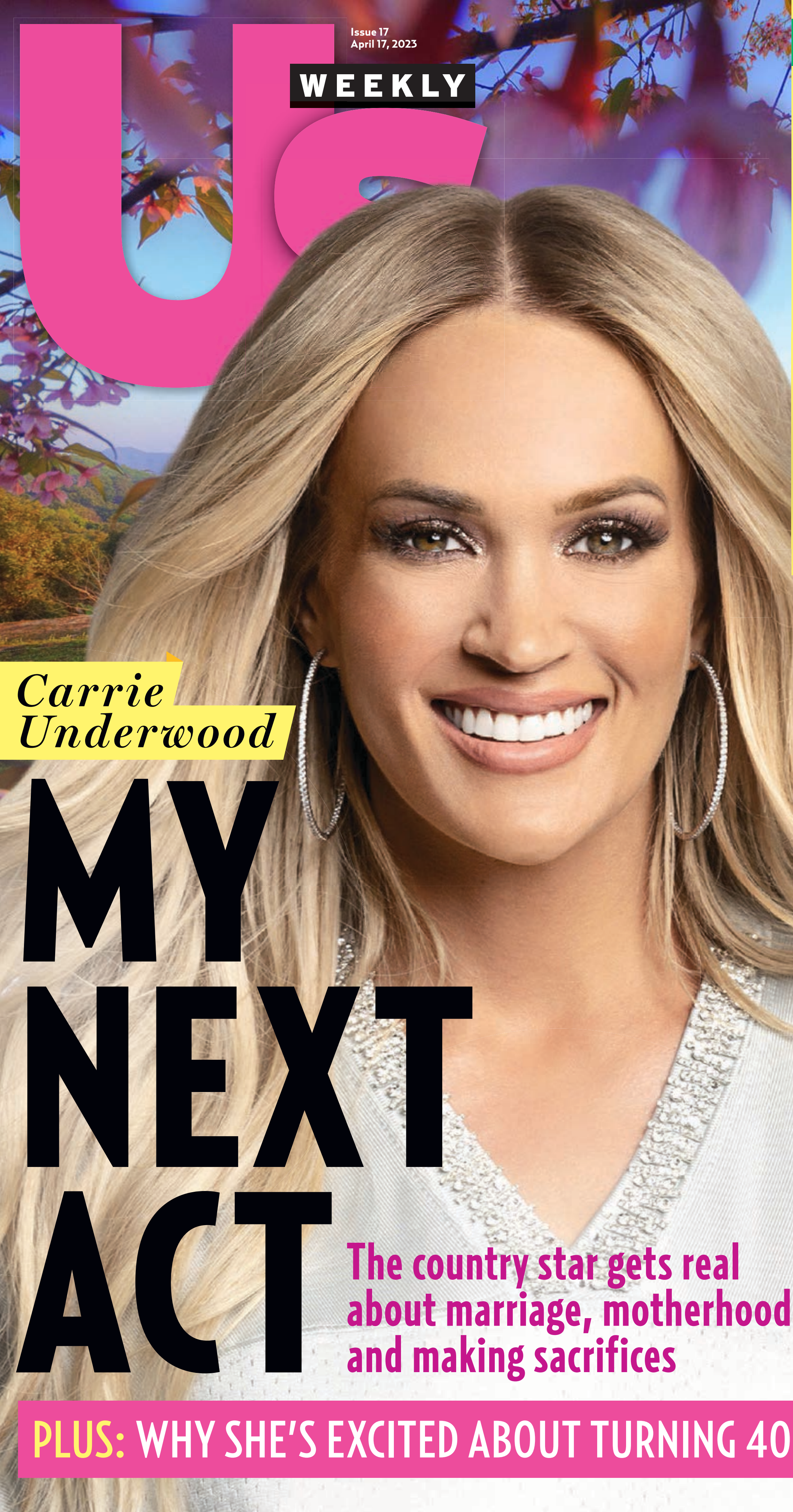
Us WEEKLY
Issue 17
April 17, 2023



Carrie Underwood

MY NEXT ACT

The country star gets real about marriage, motherhood and making sacrifices

PLUS: WHY SHE'S EXCITED ABOUT TURNING 40

THE ADVOCATES

Jason Momoa

TALKS TO *US* FOR EARTH DAY

Regé-Jean Page

From *Bridgerton* to Bond?

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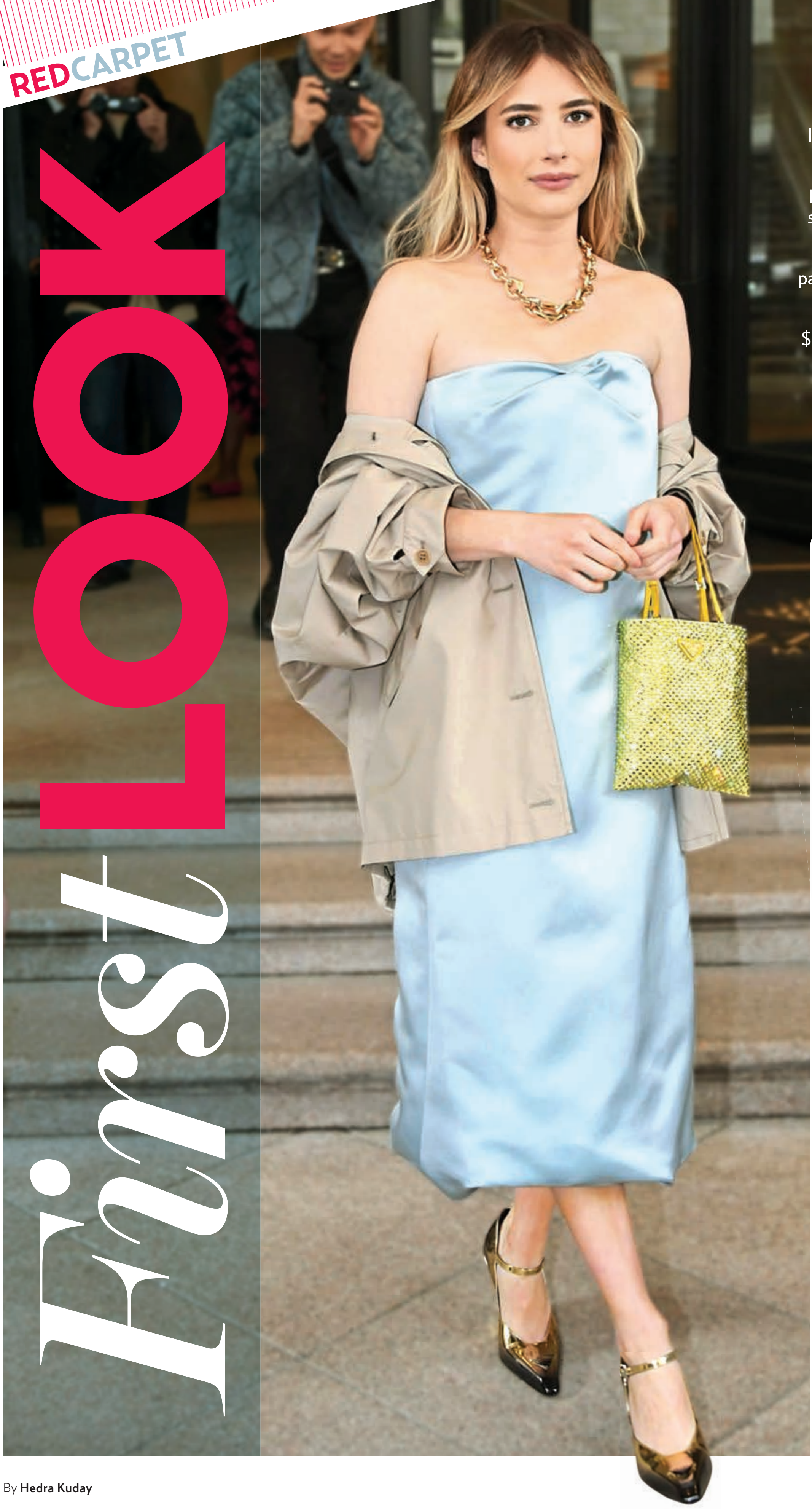
First LOOK



SIMONE COMI/IPA-AGENCY.NET/SHUTTERSTOCK

EMMA ROBERTS

Ice, Ice, Baby! The *Maybe I Do* star looked pretty in Prada at the brand's Fall/Winter 2023 fashion show in Milan on Feb. 23. Mixing cool pastels and metallic textures, she paired a $4,100 dress with a sandy topper, chunky gold-link necklace and $2,750 crystal tote for the perfect spring look.

SHOP *Her* STYLE

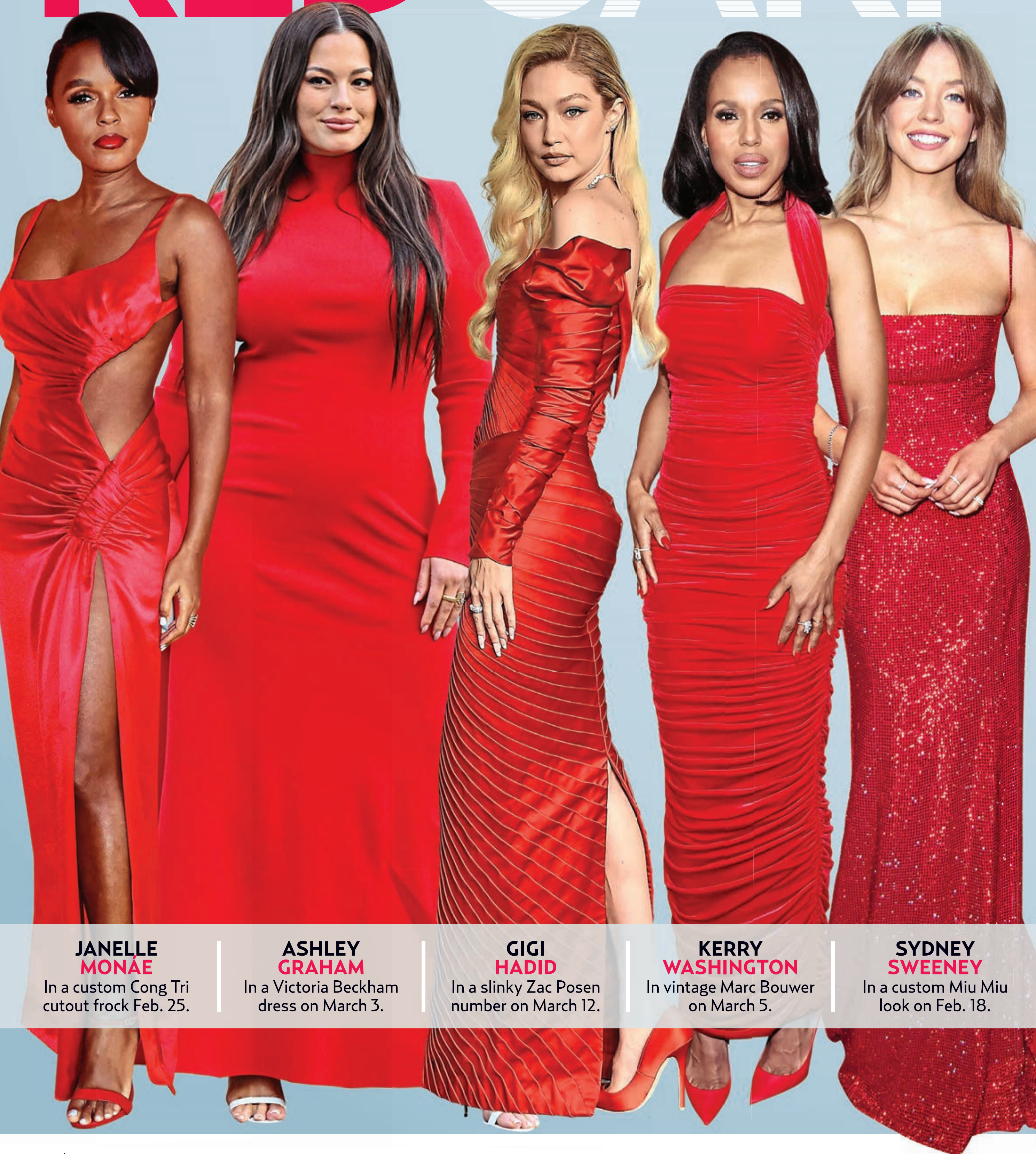
Jules Smith In Chains necklace, $70, *shopbop.com*

Everlane the long Mac coat, $228, *everlane.com*

Cider illusion ruched midi dress, $28, *shopcider.com*

By **Hedra Kuday**

RED CARP



JANELLE
MONÁE
In a custom Cong Tri cutout frock Feb. 25.

ASHLEY
GRAHAM
In a Victoria Beckham dress on March 3.

GIGI
HADID
In a slinky Zac Posen number on March 12.

KERRY
WASHINGTON
In vintage Marc Bouwer on March 5.

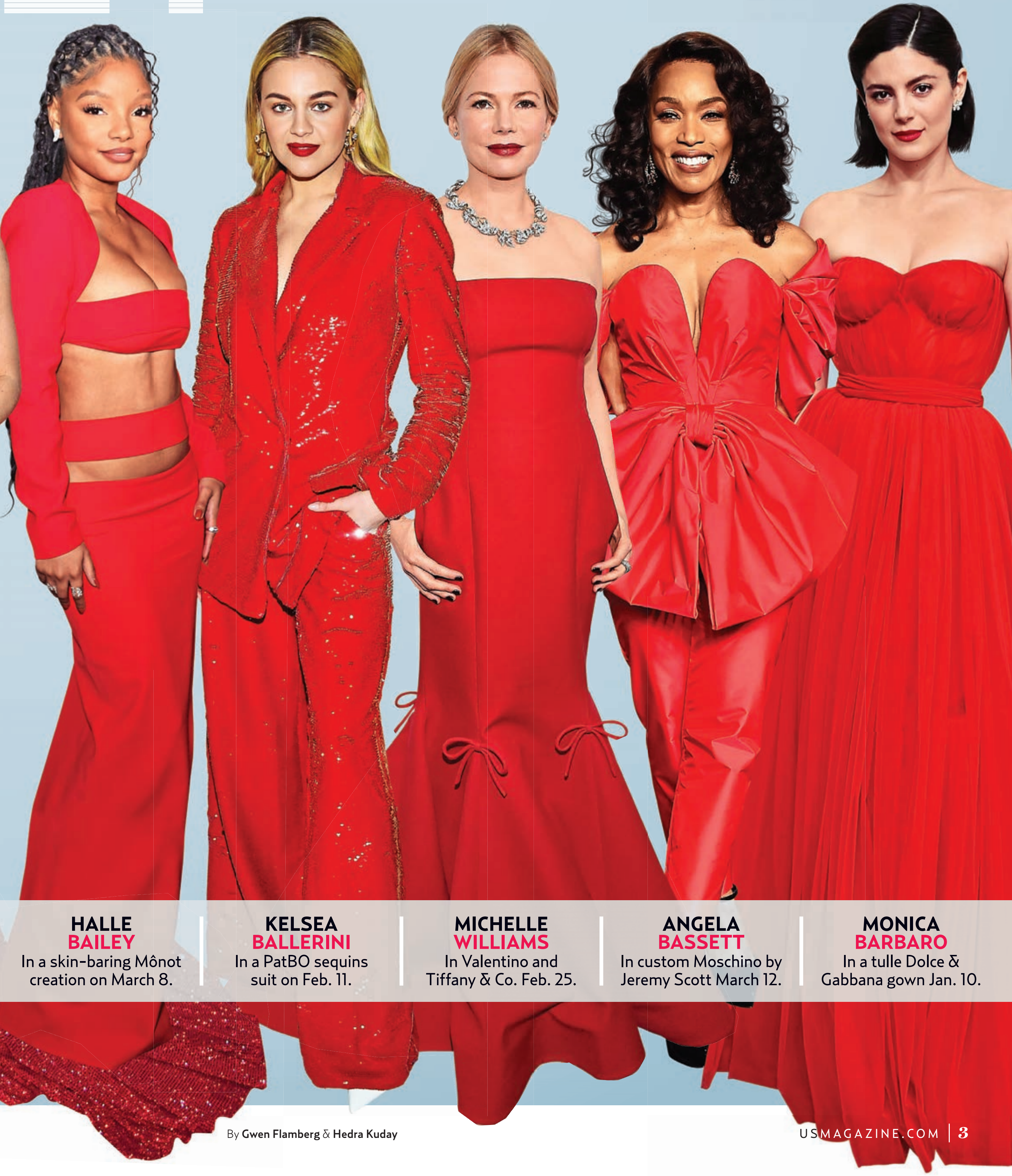
SYDNEY
SWEENEY
In a custom Miu Miu look on Feb. 18.

FROM LEFT: XAVIER COLLIN/IMAGE PRESS AGENCY/MEGA; REYNAUD JULIEN/APS-MEDIAS/ABACA/SHUTTERSTOCK; AFF-USA/SHUTTERSTOCK; JOHN SALANGSANG/SHUTTERSTOCK; MARECHAL AURORE/ABACA/SHUTTERSTOCK; CRASH/SHUTTERSTOCK; STEPHEN LOVEKIN/SHUTTERSTOCK; LISA OCONNOR/AFF-USA/MEGA; AFF-USA/SHUTTERSTOCK; JORDAN STRAUSS/AP/SHUTTERSTOCK

ET

Scarlet Fever

Hollywood's fashion favorites bring the heat in fiery red-haute looks



HALLE BAILEY
In a skin-baring Mônot creation on March 8.

KELSEA BALLERINI
In a PatBO sequins suit on Feb. 11.

MICHELLE WILLIAMS
In Valentino and Tiffany & Co. Feb. 25.

ANGELA BASSETT
In custom Moschino by Jeremy Scott March 12.

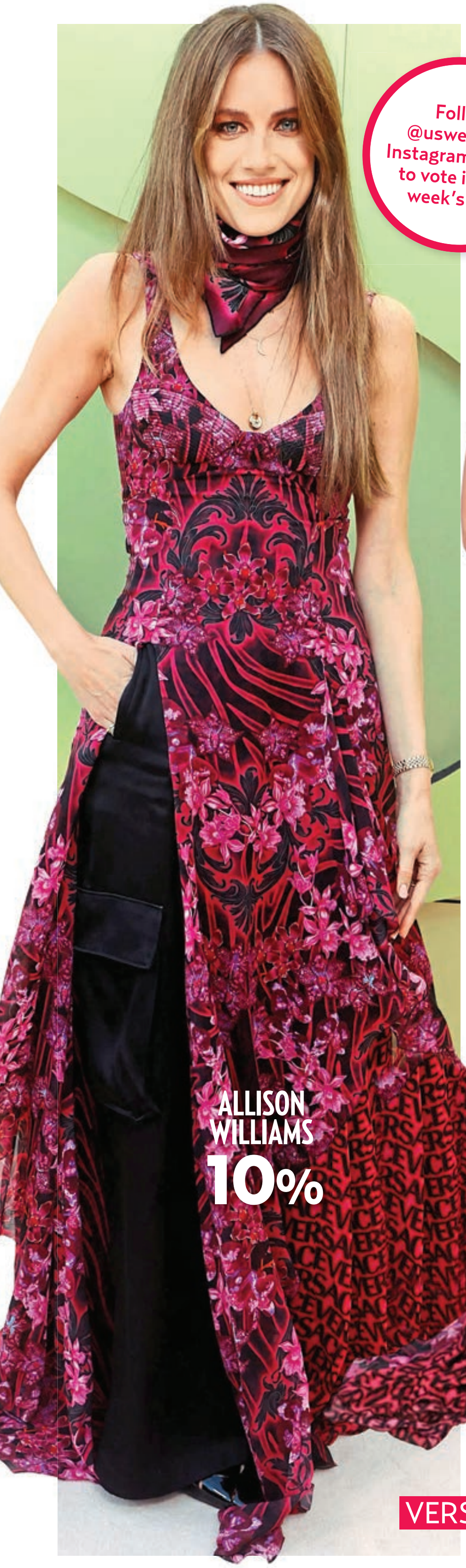
MONICA BARBARO
In a tulle Dolce & Gabbana gown Jan. 10.

By **Gwen Flamberg** & **Hedra Kuday**

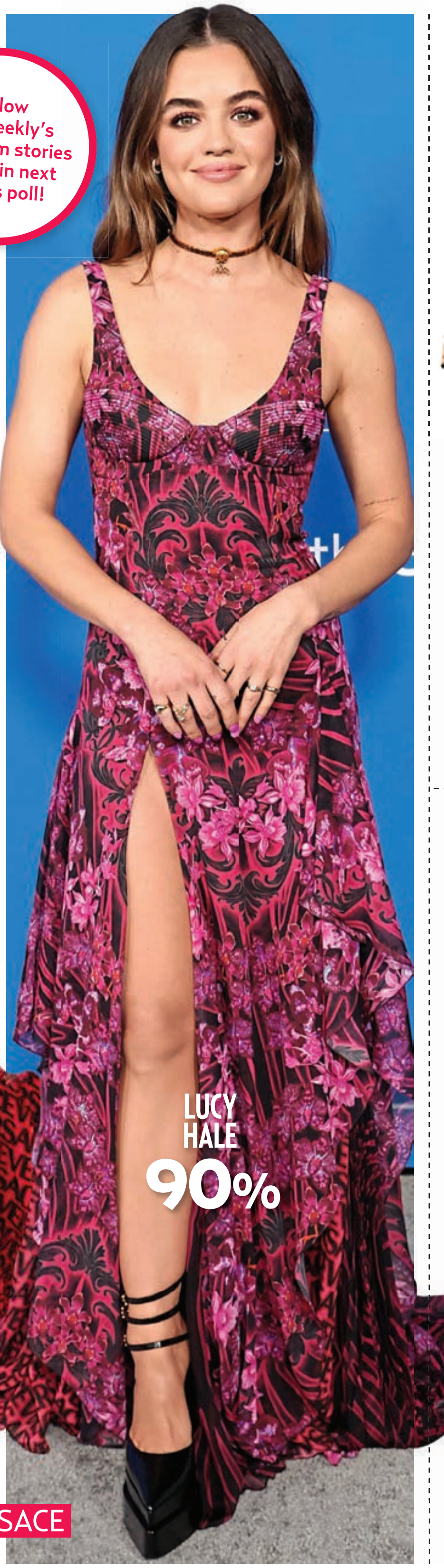
Who Wore It BEST?

Us asked our Instagram followers to be the judge

Follow @usweekly's Instagram stories to vote in next week's poll!

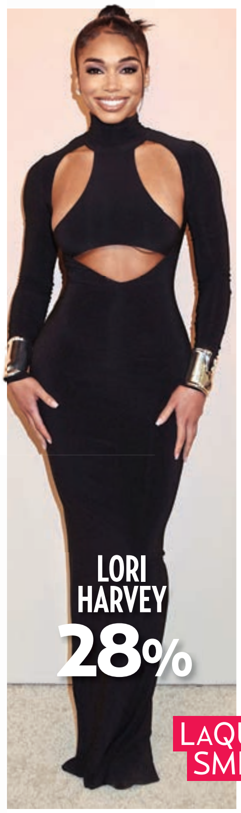


ALLISON WILLIAMS
10%



LUCY HALE
90%

VERSACE



LORI HARVEY
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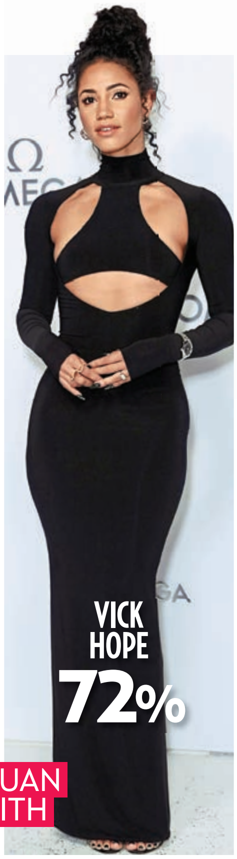

VICK HOPE
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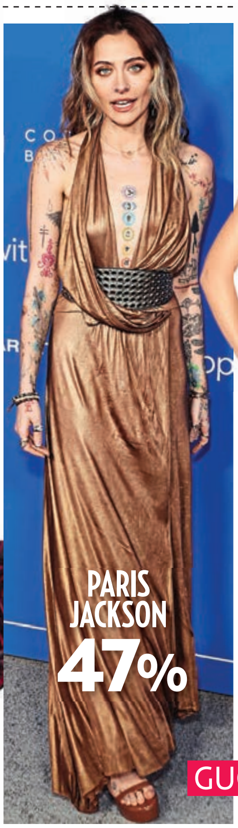
LAQUAN SMITH



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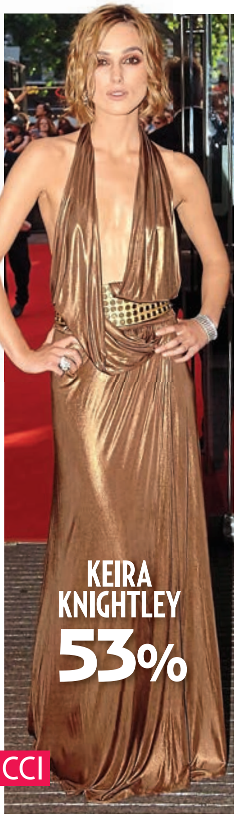

KEIRA KNIGHTLEY
53%

GUCCI

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By **Crista Lacqua**

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LOOSE TALK

WHAT THE STARS SAID THIS WEEK

"When I wrote 'All Night Long,' it was truly all night long. Now my 'all night long' is down to a fierce 15 minutes."

Joking about his sex life

LIONEL RICHIE

"I feel like I've risen up from some ashes. I think we always have moments of… ebbs and flows and it just feels like that kind of period right now is feeling really great about every single thing."

Reflecting on her life

JENNIFER ANISTON

"If you don't talk about the elephant in the room, then what are we talking about, my yoga class? What I had for breakfast? No one wants to watch that."

On reality TV show success

LISA RINNA

"What makes me feel powerful as a woman is coming to grips with my own self-worth — understanding my own self-worth — and not apologizing for it, not compromising it and letting that knowledge just shine through effortlessly."

On finding her inner strength

ROSIE PEREZ

"I drink the blood of Paul Rudd."

In response to a fan who asked how he's managed to stay looking young

JOHN STAMOS

CLOCKWISE FROM TOP LEFT: BRIAN BOWEN SMITH/ABC; JEFFREY MAYER/JTMPHOTOS, INT'L/MEGA; MATT BARON/SHUTTERSTOCK; CHELSEA LAUREN/REX/SHUTTERSTOCK; ANTHONY HARVEY FOR/SAG AWARDS/SHUTTERSTOCK

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What Does Jennifer Stallone Gift Her Besties?

Hint: It's a revolutionary wrinkle eradicator that she swears is better than injections

Who wouldn't want a BFF like Jennifer Stallone? Not only is she changing the world with her pro-aging **Serious Skincare** line, but she's also rumored to be Hollywood's best-gift-giver ever. Why's that? This entrepreneur, model, mom and soon-to-be star of her own docuseries on Paramount+ is known for generously sharing her Serious Skincare line's bestseller, **Insta-tox**—a cosmetic alternative to injections—with her inner circle of besties. No needles, no extreme surgical solutions—this incredible serum smooths away wrinkles, temporarily, for whenever you need a beauty boost. It pays to be friends with Jennifer. Seriousskincare.com; $39.

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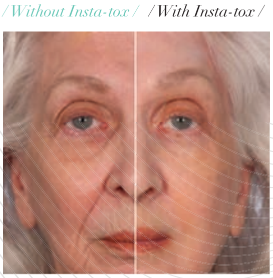
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INSIDE Us

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Jesse Metcalfe talks to *Us* about his new film, *On a Wing and a Prayer.*

On the Cover

24 SKY'S THE LIMIT
Bridgerton breakout **Regé-Jean Page** has catapulted to A-list status thanks to some carefully crafted decisions. Find out what's next for the Hollywood heartthrob.

28 COMING OF AGE
She's 40 and fabulous! Sources tell *Us* how country superstar **Carrie Underwood** is ushering in an exciting new era and share sweet details about the singer's idyllic home life.

34 DOWN-TO-EARTH
Lupita Nyong'o, **Don Cheadle**, **Gisele Bündchen** and **Billie Eilish** are just a few stars using their platforms to promote protecting the planet. Plus, fan-favorite **Jason Momoa** shares tips with *Us* on how to make a difference.

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An insider shares how **Joshua Jackson** and **Jodie Turner-Smith** define romantic time.

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Her best role yet: how **Kaley Cuoco** is adjusting to life as a new mom.

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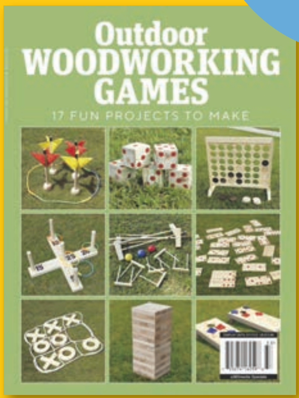

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HOT PICS!

A Starry Night!

Zendaya turned heads in a custom look by Rahul Mishra at the opening of the Nita Mukesh Ambani Cultural Centre.

MUMBAI, INDIA, APRIL 1

Stylish couple **Priyanka Chopra Jonas** (in Amit Aggarwal) and **Nick Jonas** shared a laugh.

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2023 CMT MUSIC AWARDS

Back by popular demand: **Kelsea Ballerini** and **Kane Brown** joined forces once again to host the event, held at the Moody Center.

AUSTIN, TEXAS, APRIL 2

CMT
MUSIC
AWARDS

Presenter **Megan Thee Stallion** was a cut above the rest in a Defaïence dress.

Date night! Before taking the stage separately, **Blake Shelton** and **Gwen Stefani** stuck together on the carpet.

"I will never not make songwriting my priority," **Lainey Wilson** — who won Female Video of the Year — told *Us.* "It's what has given me all the rest of these opportunities."

Chapel Hart's **Trea Swindle, Danica Hart** and **Devynn Hart** "were on their feet for every performance [and] having the time of their lives," a source shares.

➔ TO GET EVEN MORE HOT PICS EVERY DAY, CHECK OUT **USMAGAZINE.COM**

By **Leanne Aciz Stanton** / With reporting by Kayla Aldecoa

HOT PICS

Blonde Ambition!

"Every room I walk into, my heart walks in first," **Pink** said while accepting the Icon Award at the iHeartRadio Music Awards. The singer — who also performed — brought kiddos Willow, 11, and Jameson, 6, along to the event (inset).

L.A., MARCH 27

Rocking a Rolling Stones tee, **Pedro Pascal** looked effortlessly cool during a stroll.

L.A., MARCH 28

Molly Sims, **Chriselle Lim**, **Rachel Zoe**, **Victoria Justice** and **Rocky Barnes** joined forces at the Curateur Retreat with Whispering Angel.

MALIBU, MARCH 27

By **Leanne Aciz Stanton**

Show Of Hands!

Teyana Taylor and **Lena Waithe** kicked back at the afterparty for their film, *A Thousand and One.*

NYC, MARCH 27

York Women
lm & Television

Sharon Stone and **Freida Pinto** were all smiles ahead of being honored at the New York Women in Film & Television 43rd Annual Muse Awards.

NYC, MARCH 28

Party Of Five!

Nasdaq
JAMESON

Green with envy! **Regina Hall** celebrated St. Patrick's Day by ringing the NASDAQ closing bell with Jameson Irish Whiskey and Pernod Ricard NA.

NYC, MARCH 17

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Stars THEY'RE JUST LIKE US!

THEY ORDER TAKEOUT!

Wingin' it: **Chace Crawford** picked up food to go from Buffalo Wild Wings.

L.A., MARCH 23

THEY USE CHOPSTICKS!

"Always say 'yes' to ramen," declared **Eva Longoria.**

MARCH 23

THEY SWEEP THE FLOOR!

Dirty work: **Halle Berry** cleaned up nice in a bathrobe and high heels.

MARCH 8

THEY GET MADE OVER BY THEIR KIDS!

Dwayne "The Rock" Johnson was treated to a mani, a makeup mustache and a lipstick beard from his 4-year-old, Tiana.

MARCH 24

CLOCKWISE FROM TOP LEFT: SARA JAYE WEISS; EVA LONGORIA/INSTAGRAM; HALLE BERRY/INSTAGRAM; XAVIER COLLIN/ABACA/INSTAR; DWAYNE JOHNSON/INSTAGRAM

By **Matt Sullivan**

HOT PICS!

PET CAUSE

It's raining cats and dogs for these stars

Who's your catty? **Drake** curled up on the couch with a feline friend.

DEC. 18

Kitty In The City!

Carried away: **Sarah Jessica Parker** gazed out the window with her cute costar while filming season 2 of *And Just Like That*.

NYC, MARCH 7

The snuggle is real! **Chrissy Teigen** enjoyed a cuddle session with her basset hound, Pearl. "[They're] little logs of love," she said of the breed.

MARCH 23

Hairy situation! **Mark Consuelos**' pup Lena asserted dominance by taking a seat on his head.

MARCH 5

"Hey Blue, welcome to your new home!" said **Michael J. Fox** as he introduced his family's latest addition.

MARCH 6

CLOCKWISE FROM TOP LEFT: DRAKE/INSTAGRAM; JOSE PEREZ/BAUERGRIFFIN/MEGA; MICHAEL J. FOX/INSTAGRAM; KELLY RIPA/INSTAGRAM; CHRISSY TEIGEN/INSTAGRAM

By **Matt Sullivan**

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A DAY IN MY LIFE

Aubrey O'Day shares her daily routine with *Us*!

9:30 A.M.

PEDAL PUSHER O'Day tells *Us* she sets the "tone and energy" of her day by kicking it off with music: "The first thing I do is warm up my voice," the singer shares. "Also, playing the piano allows me to sharpen that skill."

10:00 A.M.

STEADY FLOW Next, she enjoys a sweat sesh in her home gym: "My trainer typically takes me through a boot camp–style hour workout [with] 30 minutes of running," O'Day, 39, explains.

11:00 A.M.

FUREVER FRIENDS At the Baby Goat Cinema, a farm sanctuary in L.A., the songstress bonds with rescues: "My connection with animals is my favorite method to express gratitude."

12:00 P.M.

WAITING TO EXHALE Afternoons are spent with composer **Melissa Vardy**: "She takes me through 30 minutes of breath work, followed by sonically aligning me with energy vibrations through humming."

CHECK IT OUT!

Listen to O'Day's new single, "Unborn Love," on Apple Music.

3:00 P.M.

STRIKING A CHORD In the studio, O'Day gets personal. "My songs 'Couple Goals' and 'Unborn Love' — which I wrote about my recent miscarriage — are alternative rock," the creative tells *Us*, "so I'm getting back into playing the guitar."

8:00 P.M.

THE RIGHT NOTES The *Making the Band 3* alum wraps up each night with journaling, which she picked up while living in Bali: "As I wrote my affirmations down, I realized the action itself released my anxiety and left me feeling in a relaxed, positive mental space to fall asleep in."

ALL PHOTOS COURTESY OF AUBREY O'DAY

By **Leanne Aciz Stanton** / With reporting by Andrea Simpson

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Love Lives

Turner-Smith and Jackson (enjoying a rare night out on March 12) "are so proud to have built this incredible life together," says an insider.

JODIE & JOSHUA

A Perfect Fit

They're both huge stars, but **Joshua Jackson** recently admitted that his life with wife **Jodie Turner-Smith** is surprisingly normal. "It's a lot homier than it looks like from the outside," the *Dr. Death* actor confessed. "It's very family-oriented." According to an insider, Jackson, 44, and the *Queen & Slim* actress, 36 — who share a 2-year-old daughter — wouldn't have it any other way. "They're homebodies at heart who like the simpler pleasures in life," the insider tells *Us*, adding that once a week, they'll have a date night where they enjoy a meal and snuggle up on the couch. "They get each other totally and are soulmates through and through."

CLOCKWISE FROM LEFT: MATT BARON/BEI/SHUTTERSTOCK; JPA/AFF-USA/MEGA; MICHAEL SIMON; TAMMIE ARROYO/AFF-USA/

By **Isley Zegas** / With reporting by Travis Cronin

MARVIN & TIFFANY

Head Over Heels

It's full steam ahead for **Tiffany Haddish** and **Marvin Jones**. "They met at a nightclub and hit it off right away. Ever since then, they've been spending a lot of time together," a source tells *Us*, adding that the actress, 43, and the entrepreneur — who were recently seen packing on the PDA in L.A. — have quietly been dating since the summer. "Marvin treats Tiffany like a queen," adds the source. "She seems really happy."

JOHNNY & COURTENEY

Their Own Rules

It's been nearly 10 years since they began dating, but **Courteney Cox** and **Johnny McDaid** are content as is. "They don't have any desire to get married," a source tells *Us* of Warner Bros. Television's *Shining Vale* star, 58, and the musician, 46, who got engaged in 2014 but called it off a year later. (They reunited in 2016.) "They don't need a piece of paper to be happy," adds a second insider. "The fact they've gotten through all the hurdles life's thrown at them as a couple is proof of that."

The Next Step

The future is bright for **Chrishell Stause**, 41, and singer **G Flip**, 28. "There's definitely been talk of marriage," an insider tells *Us* of the couple, who celebrated their first anniversary in mid-March. "For now, they're enjoying each other's company and seeing where this journey takes them."

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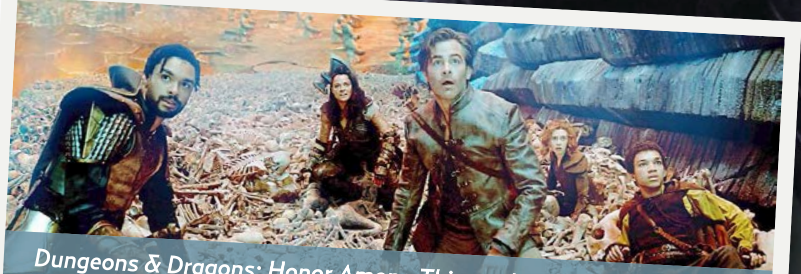
REGÉ-JEAN PAGE

Hollywood Takeover

The future is bright for the English actor after a series of smart career moves

In 2021, **Regé-Jean Page** shocked fans when he announced he'd be leaving his breakout role in Netflix's *Bridgerton* after just one season. Looking back, the actor — who went on to star in *The Gray Man* and, most recently, *Dungeons & Dragons: Honor Among Thieves* — has no regrets. "Regé-Jean's career is red-hot right now, and he feels he's finally in league with the A-list," a source tells *Us*, adding that Page, 34, is being meticulous about the projects he takes on. "He's shaping his career along the likes of **Robert Downey Jr.**, who is someone he admires. He wants to be known as a versatile actor and refuses to be pigeonholed in any one genre." Next up for Page is a starring role in Amazon's upcoming *Butch Cassidy and the Sundance Kid* series — but there's another project on the horizon that's got everyone talking. "There's buzz he's being considered for James Bond," says the source, adding that Page would say yes to the role in a heartbeat. "Everyone around him agrees he'd make an excellent 007. It's a thrilling time for him."

"It's a conversation people are having, and it's terribly flattering that they're having it," Page has said of the Bond chatter.



Dungeons & Dragons: Honor Among Thieves debuted at No. 1 at the domestic box office, bringing in $38.5 million in its opening weekend.

KALEY & TOM

Tickled Pink

Kaley Cuoco and **Tom Pelphrey** have been in baby bliss since welcoming daughter Matilda on March 30. "They're so in love and call her 'Tilly' for short," an insider tells *Us*, adding that even though Cuoco, 37, is "absolutely exhausted," she isn't complaining. "She knows it comes with the territory of being a mom and says it's totally worth it." Thankfully, she has Pelphrey, 40, by her side. "Tom is a hands-on father," says the insider. "When Kaley wants to nap, he goes into full-blown daddy duty and is ensuring that raising Matilda is a two-way effort." Now that their baby girl is here, the actors are looking ahead. "It's almost certain Tom will propose; it's just a question of when and how," notes a source, hinting that Pelphrey doesn't want to wait too long. "These are just magical times, and everyone agrees they deserve this happily ever after."

"Matilda has brought Kaley and Tom even closer together," says an insider.

Pop the Bubbly!

Wedding bells will soon be ringing for **Lukas Gage** and **Chris Appleton**. "They're engaged!" a source tells *Us* exclusively, adding that the *White Lotus* actor and the celeb hairstylist have only shared the news with their inner circle. "It happened before they even had rings," the source continues, explaining they visited a jewelry store to pick out pieces the following day. Though Gage, 27, and Appleton, 39 — who went public with their romance in February after meeting on Instagram — have moved quickly, "friends are really happy for them," notes the source. "They both fell very hard, very fast — and think the other is perfect. They're a great couple."

According to a source, Gage and Appleton haven't started planning their wedding yet.

KEEPING UP WITH US

- *Bachelor* alum **Caila Quinn** welcomed daughter Teddi on March 30 with husband **Nick Burrello** (above). "We are soaking in every second with our first baby girl!" the couple told *Us* exclusively.
- Pumping the breaks: **Chris Hemsworth** says he'll be slowing down his acting career after learning that he is genetically predisposed to Alzheimer's disease.
- On March 30, a jury found **Gwyneth Paltrow** not responsible for a 2016 collision with another skier on the slopes at Utah's Deer Valley Resort. She was awarded $1 in damages.
- Saddle up: A rumored **Matthew McConaughey**–led *Yellowstone* spinoff is moving forward — whether or not **Kevin Costner** returns to the original series, ViacomCBS has confirmed.
- Case closed: A judge has dismissed **Samantha Markle**'s defamation lawsuit against half sister **Meghan Markle** over alleged "false and malicious statements" the duchess made in her March 2021 CBS interview.
- *Million Dollar Listing* star **Josh Flagg** and **Bobby Boyd** reportedly finalized their divorce on March 28. The exes announced their split a little over a year ago.

Get in touch with *Us*: Email EDITOR@USMAGAZINE.COM

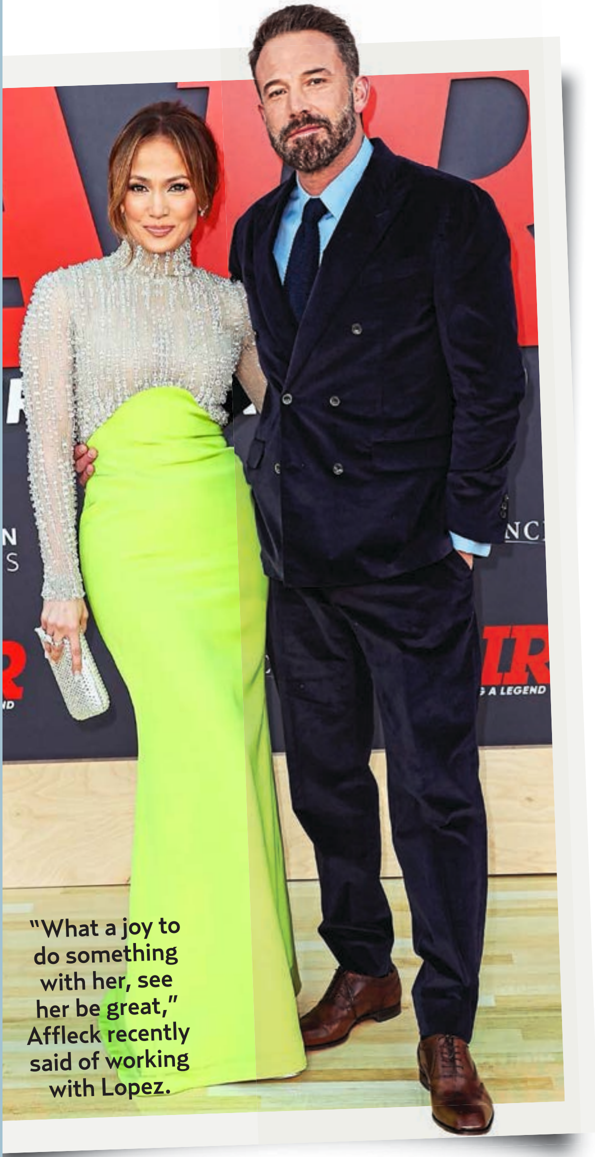
CLOCKWISE FROM RIGHT: CAILA QUINN/RACHAEL HYDE; MATT BARON/BEI/SHUTTERSTOCK; PARAMOUNT PICTURES; ANTHONY HARVEY/SHUTTERSTOCK; KALEY CUOCO/INSTAGRAM; JORDAN STRAUSS/INVISION/AP/SHUTTERSTOCK

By **Isley Zegas** / With reporting by Travis Cronin, Sarah Hearon, Sarah Jones & Natalie Posner

KEEPING UP WITH *US*

- A new role: **Jonah Hill** is reportedly expecting his first child with girlfriend **Olivia Millar** (above in Hawaii earlier this year). On March 27, photos surfaced of Millar with what appeared to be a baby bump — and a ring on *that* finger.
- *DWTS* judge **Carrie Ann Inaba** is recovering after having an emergency appendectomy. "It's been quite a painful experience [but] I realize after speaking with my doctor that it could have been much worse," she told her fans on March 30.
- She's engaged! **Lana Del Rey** said yes to musician **Evan Winiker**, *Us* confirms.
- Tennis pro **Naomi Osaka** plans to return to the court following the birth of her first child later this year. "I feel very competitive still," said the athlete, who's sitting out the 2023 season.
- *RHOA* alum **Eva Marcille** has filed for divorce from **Michael Sterling** after four years, calling the marriage "irretrievably broken" in court docs obtained by *Us*.
- **Mama June Shannon**'s eldest daughter, **Anna "Chickadee" Cardwell**, 28, has reportedly been diagnosed with stage 4 adrenal carcinoma. Cancer was discovered in her liver, kidney and lungs.

Got some hot gossip? Email HOTSTUFF@USMAGAZINE.COM



"What a joy to do something with her, see her be great," Affleck recently said of working with Lopez.

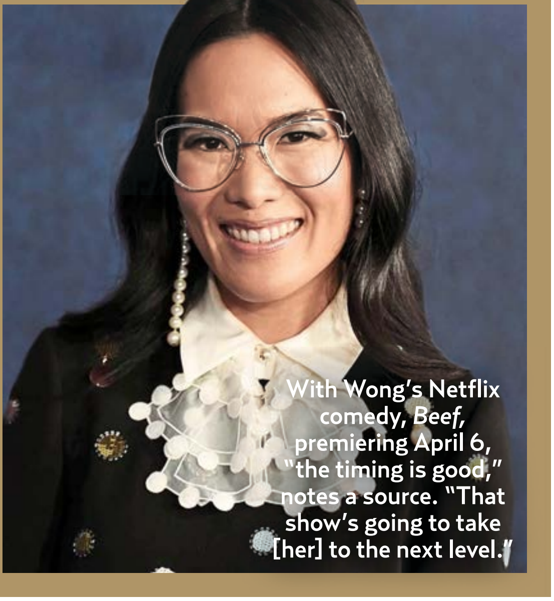
J.LO & BEN

Power Couple

Jennifer Lopez has big dreams regarding her future with hubby **Ben Affleck**. "When Jennifer was with **Alex** [**Rodriguez**], she was fairly open that the goal was to make a billion dollars together and join the likes of **Jay-Z** and **Beyoncé** in that elite financial bracket. They were methodical, persistent and aggressive about seeking out interesting business and media opportunities," an insider tells *Us*, explaining that Lopez, 53, hopes to continue those aspirations with Affleck, 50. "She's passionate about going into business with Ben when it comes to [not only] moviemaking, but also other ventures such as beauty, fashion and sports." Affleck — who recently gushed about teaming up with Lopez on his new production company Artists Equity's upcoming film, *Unstoppable* — is totally on board. "They're madly in love and excited about what's to come."

A New Beginning

» It's been one year since **Ali Wong** announced the end of her eight-year marriage to **Justin Hakuta**. And while it hasn't been easy, a source tells *Us* the comedian is turning the page. "Ali painted a pretty low-stress picture of her split, but her world was turned upside down," says the source, explaining that Wong, 40, shifted her focus to her daughters Mari, 7, and Nikki, 5. "Ali got her hands dirty with the business of being a single parent and making the transition as smooth as possible for her kids," the source adds. "She scaled back on performing and dating took a backseat, but she's finally coming out the other side."



With Wong's Netflix comedy, *Beef*, premiering April 6, "the timing is good," notes a source. "That show's going to take [her] to the next level."

CLOCKWISE FROM RIGHT: SPLASH NEWS; FRANK MICELOTTA/SHUTTERSTOCK; RICHARD SHOTWELL/INVISION/AP/SHUTTERSTOCK; MEGA; IMAGE PRESS AGENCY/NURPHOTO/SHUTTERSTOCK

"Tristan's always pursuing Khloé," says a source.

TRISTAN THOMPSON

Making Moves

Khloé Kardashian has a new neighbor — her ex **Tristan Thompson**! The NBA player, 32, has reportedly purchased a $12.5 million home just three doors down from Kardashian's Hidden Hills, Calif., mansion. "Tristan bought the house so he could be closer to their kids [True, 4, and an 8-month-old son]," a source tells *Us*, hinting that being near Kardashian, 38, is also a plus. "He and Khloé are friends and great coparents, but he wants more," spills the source. "He still loves her and wants to make it work between them." Though the Good American founder has had no interest in taking him back — Thompson was unfaithful to Kardashian multiple times during their relationship and even fathered a child with another woman — the source hints that could change in the future. "Tristan's a great dad and is very involved [in the kids' lives]. Khloé's friends and family think there's a chance she could eventually take him back again."

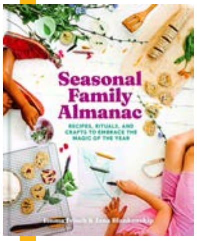
THE US BUZZZZ-O-METER

What Hollywood is buzzing about this week

SKY WELLNESS

Find your zen with the CBD Daily Softgels — a fast and easy way to chill out on the go. Bonus? They're easy to digest! (From $8.99, *skywellness.com/freedaily*)

SEASONAL FAMILY ALMANAC


Seasonal Family Almanac
Recipes, Rituals, and Crafts to Embrace the Magic of the Year

Banish boredom and reconnect with nature with **Emma Frisch** and **Jana Blankenship**'s charming guide, offering recipes for cooking, personal care, crafts and more. On sale April 18. ($35, *amazon.com*)

TRACIE MARTYN RED CARPET FACIAL

Lukas Gage gets camera-ready with the help of this luxe facial treatment offered by the celeb-loved skincare company, now with a location in NYC. ($450, *traciemartyn.com*)

MIAMI BELVEDERE

BELVEDERE
B

Drink up: **Madonna,** *Gossip Girl*'s **Evan Mock** and **Kris Jenner** are fans of the Polish vodka, which recently launched a limited-edition bottle inspired by *Magic City*. (*belvederevodka.com*)

CBDMD

cbdMD
GUMMIES
CBD

Take your pick with these superior (and yummy!) broad-spectrum hemp gummies, available in a strawberry, orange, raspberry and tropical fruit mix. (From $79.99, *cbdmd.com*)

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"She still has so much to look forward to," a source says of the singer.

COUNTRY STRONG

Sources say the happier-than-ever music superstar has been reflecting on faith, family and turning 40

BY JAIME HARKIN

All eyes were on Carrie Underwood when she arrived at the 2023 CMT Awards on April 2. How could they not be: The singer was positively glowing in sparkly shorts and a matching jacket as she made her way down the red carpet, stopping to tell CMT she was ready to party and adding that husband Mike Fisher was home "holding down the fort" with their two sons. Inside the Austin venue, Underwood was in great spirits. "She was rocking out and singing along to Wynonna Judd's performance," says an eyewitness, adding that Underwood jumped to her feet to applaud Equal Play Award winner Shania Twain.

Fisher "appreciates and supports Carrie," an insider says.

FROM LEFT: MOODY CENTER/GETTY IMAGES; JOHN AMIS/AP/SHUTTERSTOCK

It's high time the country music superstar had a chance to let loose. In mid-March, Underwood wrapped up her five-month, 43-date Denim and Rhinestones Tour, and, according to insiders, she's more than ready for a breather. "Carrie is looking forward to a small break," shares one source. A second source says Underwood's 40th birthday on March 10 has been a turning point for the busy mom. "She's really embracing this new chapter," dishes the source. "Carrie's proud of everything she's accomplished. She feels so blessed and wants to focus on all of the different avenues of her life."

DELICATE BALANCE

Despite appearances, it hasn't always been easy for Underwood to juggle her massive career (the eight-time Grammy winner is worth an estimated $140 million) and family life with Fisher, 42, and sons Isaiah, 8, and Jacob, 4. The couple hit a rough patch in 2018 when Fisher came out of retirement to play hockey for the Nashville Predators, but multiple sources say they've since found their groove. "Mike was insecure about

With reporting by Kayla Aldecoa, Travis Cronin, Rick Egusquiza and Sarah Jones

retiring and what he was going to do next, and it caused some tension," explains a third source. "But he got over that quickly, and now he loves spending time at home when Carrie is out working." Adds the second source: "Carrie doesn't know what she'd do without the support from her husband."

The kids are the center of their worlds. "For all of Carrie's ambition and her packed schedule, she's never had an issue making sacrifices when she's needed to," says the first source. "She puts the boys first without any hesitation." Underwood loves spending time together as a family. "They have family gatherings when they cook, watch TV, play board games and hang out with friends," says the first source. Underwood and Fisher — who own a 400-acre estate in Nashville, Tenn. — also enjoy date nights when they can. Notes the third source: "Every few months, they'll hire a sitter and cook a surprise meal for each other."

"Carrie's life revolves around Mike, Isaiah and Jacob," says a source.

HARD ROAD

Underwood has been open about some painful experiences, including the November 2017 accident that left her with 50 stitches in her face and a broken wrist. (The songstress had tripped on a step outside the family's home while walking their dogs.) "That was a very tough time for Carrie," says the first source, adding that she relied on Fisher and her faith to get her through. "She had to dig really deep."

The following year, she revealed she'd suffered three miscarriages in 2017 and 2018. "It's not something that you ever envision yourself having to deal with," she said at the time. "Carrie talked about those struggles because she wanted others in the same position to know they're not alone," says the first source. "It was cathartic for her own healing process." Adds the third source: "Sharing what she went through empowered

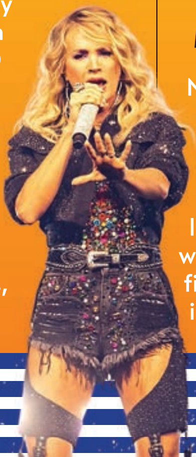
BUILDING AN EMPIRE

Underwood is raking it in with tours, record sales and successful side gigs

BIG DEALS Underwood launched her former athleisure line, Calia, in 2015 and has also landed lucrative endorsements with Skechers and Bodyarmor sports drinks.

BODYARMOR
LYTE

TOURING Her 2016 Storyteller Tour made $58.1 million, while her 2019 Cry Pretty Tour earned an estimated $50 million. "This is what I was born to do," she said.



ALBUMS She's sold more than 70 million albums, has had 28 No. 1 singles and won eight Grammys.

CARRIE UNDERWOOD
STORYTELLER

SELF-HELP BOOK *Find Your Path* hit the *New York Times* bestseller list in 2020. "It all started with a love for health and fitness and has blossomed into lots of things," she explained.

FITNESS BRAND Her Fit52 workout program was an extension of *Find Your Path*. "I live and breathe and sleep and eat all of this," said Underwood.

NFL GIG She's been singing the *Sunday Night Football* theme for a decade and reportedly gets paid $18 million per season.

NEW YORK TIMES BESTSELLER
CARRIE UNDERWOOD
find your PATH
HONOR YOUR BODY, FUEL YOUR SOUL, AND GET STRONG WITH THE FIT52 LIFE

Carrie in a way she never thought would be possible."

For now, they're leaving the door open for more kids. "Carrie and Mike feel their family is complete, but would they welcome one more if that happened down the line? Absolutely," shares the first source. A fourth source says that while Underwood always dreamed of having a baby girl, she's perfectly content with being outnumbered at home: "She believes God has given her exactly what she's meant to have."

LOOKING AHEAD

These days, Underwood feels she's living the dream. According to the third source, she kicked off the new decade with a memorable get-together organized by Fisher. "He threw her a birthday party at a restaurant in Nashville," says the third source, adding he went all out. "There were about 60 of Carrie's best friends and family members there, who all had a great time."

Any reservations she had about turning the big 4-0 have subsided. "Carrie was nervous," shares the second source. "But after being showered with so much love from her husband and friends, she feels like she's going into the next decade with a new level of self-confidence she hasn't felt before."

She looks better than ever too, thanks in part to her dedication to fitness. (Underwood launched her fitness program, Fit52, in 2020.) "Carrie eats well and works out several times a week," says the third source, noting that Underwood "tries to stay away from sugar and bread" but "lets herself live and indulge on special occasions."

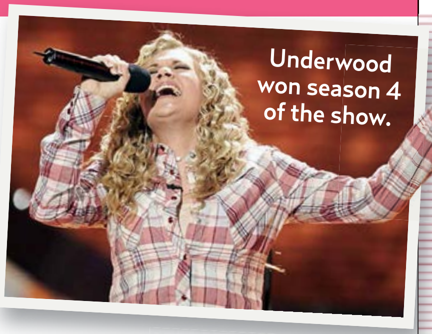
The first source says Underwood's enjoying having some personal downtime but will likely get back to music "sooner rather than later." Adds the source: "There's still a ton on Carrie's agenda, and at the end of the day, performing is her passion. Carrie doesn't consider it work — she's just doing what she loves." US

CLOCKWISE FROM TOP RIGHT: KEVORK DJANSEZIAN/AP/SHUTTERSTOCK; ZUMAPRESS/MEGA; JORDAN STRAUSS/SHUTTERSTOCK; SARA JAYE WEISS/SHUTTERSTOCK; JACK PLUNKETT/INVISION/AP/SHUTTERSTOCK; DANIEL DESLOVER/SHUTTERSTOCK; BODYARMOR/INSTAGRAM; CARRIE UNDERWOOD/INSTAGRAM; MIKE FISHER/INSTAGRAM; WEISS EUBANKS/NBCUNIVERSAL; PAUL A HEBERT/LIVEMUSICTODAY/SHUTTERSTOCK

AMERICAN IDOL

WHERE ARE THEY NOW?

Check out what these memorable *Idol* alums are up to



Underwood won season 4 of the show.

KELLY CLARKSON

In March, the chatfest host and three-time Grammy winner announced the title of her upcoming new album, *Chemistry*, and a new 10-show Las Vegas stint. "It's happening, y'all!" she tweeted.

TAYLOR HICKS

The 2006 winner (whose fans were dubbed "the Soul Patrol") had two albums hit the *Billboard* Hot 200 charts. He released his first single in seven years in 2017.

JENNIFER HUDSON

After finishing in seventh place on season 3, Hudson went on to attain EGOT status, winning an Emmy, multiple Grammys, an Oscar and a Tony! "I'm still processing it," said the multihyphenate.

SCOTTY McCREERY

Idol's season 10 victor kicked off his Damn Straight Tour in January, and he recently executive-produced Hallmark Movies & Mysteries' TV movie, *Five More Minutes: Moments Like These*.

JORDIN SPARKS

The "Stadiums" songstress — who was 17 when she was crowned the season 6 winner — branched out into acting with roles in 2012's *Sparkle* and Hallmark's 2021 holiday flick *A Christmas Treasure*.

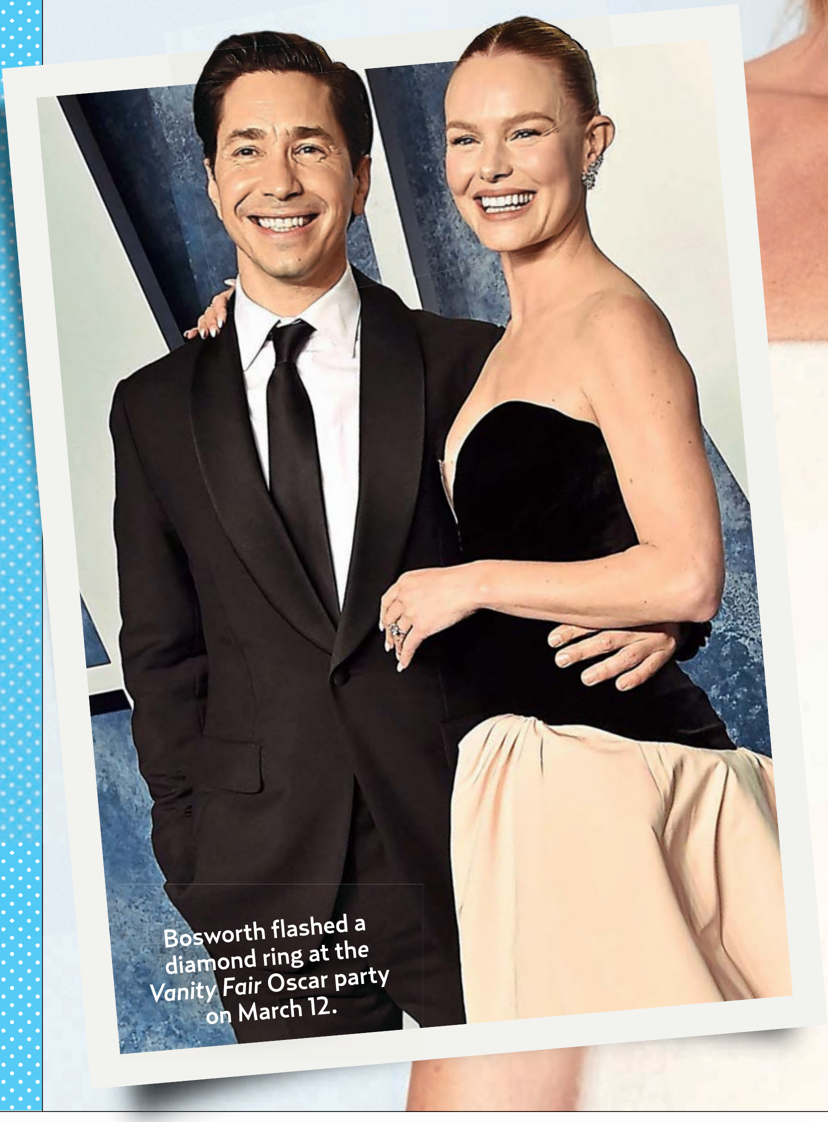
RUBEN STUDDARD

Everyone's fave "Velvet Teddy Bear" has teamed up with his season 2 runner-up (and his close friend!) Clay Aiken for a joint tour to celebrate the 20th anniversary of their *Idol* appearances.

HAPPY ENDING

On top of the world! Life is good for newly engaged **Kate Bosworth**

BY JAIME HARKIN



Bosworth flashed a diamond ring at the *Vanity Fair* Oscar party on March 12.

"Kate's [confident] in her talent and really happy," says a source.

With reporting by Travis Cronin, Rick Egusquiza & Natalie Posner

In honor of her 40th birthday in early January, Kate Bosworth shared a heartfelt letter on Instagram written to her younger self. In the note, she reflected on learning to embrace change and face her deepest fears. “Change is how you will continue to grow,” wrote Bosworth, noting her excitement about embarking on a new decade. “Some people say 40 is the new 20, but you really hope not. You hope 40 feels like 40. It took decades to earn this position.”

A few months in, it’s already been a banner year for Bosworth. After struggling to find her footing in her 20s and 30s, the actress — who’s engaged to Justin Long — “has hit her stride” personally and professionally, a source says. Bosworth was linked to Long, 44, a few months after announcing her divorce from ex Michael Polish in August 2021. “Kate feels like this is her year,” shares the source. “She couldn’t be happier.”

PRESSURE COOKER

Bosworth was just 18 when she was thrust into the spotlight following the success of 2002’s *Blue Crush*. She subsequently scored big roles in *Win a Date with Tad Hamilton!* and *Superman Returns*, but behind the scenes, the constant scrutiny got to her. “I did not know how to handle that at all,” she’s said, revealing that her weight plummeted as a result. “I felt like I wanted to disappear.” Adds the source: “The pressure to look and act a certain way took a toll on Kate. It was overwhelming.”

She was left brokenhearted after her high-profile romances with fellow stars Orlando Bloom (they dated from 2002 to 2005) and Alexander Skarsgård (they split in 2011 after nearly two years) crashed and burned. “When Kate’s committed to someone, she gives it her absolute all,” says a second source. “Orlando wasn’t ready to commit, neither was Alexander, and the breakups were very painful for her.” A third source says her nine-year marriage to director Polish was “very toxic,” adding, “They spent a lot of their time fighting.”

LOVE WINS

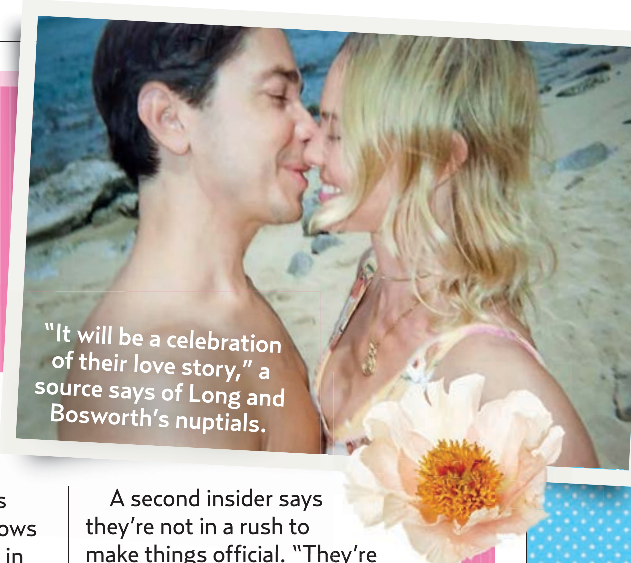
Although, in 2019, she said that she’d sworn off dating actors, her connection to Long was undeniable from the start. They met while filming *House of Darkness* in the spring of 2021, and *Us* confirmed their relationship in January 2022. “Justin swept her off her feet,” dishes the first source. “He doesn’t play any games, and he is who he is — a fun-loving, honest, good person. She feels safe and protected with him.”

The third source says “goofy” Long brings out Bosworth’s less serious side. “He makes her laugh, and they really balance each other out.” She’s also relaxed the reins when it comes to her career. “Of course, Kate would love to land a huge film or series, but she’s not stressing out about roles like she used to,” explains the first source. “When Kate first started, she didn’t really believe in herself,” adds the third source. “It’s taken a lot of work, but she’s finally comfortable in her own skin.” US

Ready to ride: Bosworth’s said she and her *Blue Crush* costars “would love” to make a sequel happen.

WEDDING DETAILS!

Insiders dish on the pair’s top-secret “I do” plans



“It will be a celebration of their love story,” a source says of Long and Bosworth’s nuptials.

Here comes the bride! An insider tells *Us* Bosworth and Long have been scoping out venues and are hoping to exchange vows at the luxe resort The Brando in French Polynesia. “Kate’s a real beach babe, and she and Justin took a secret trip to the island to check it out a few months ago and said it was just perfect,” says the insider. “Her first wedding was in Montana, so she wants this one to be somewhere different.”

A second insider says they’re not in a rush to make things official. “They’re just savoring the engagement and not putting a timeline on the table just yet,” shares the insider, adding that kids are “absolutely in their plans” for the future. “There’s not a shred of doubt in Kate’s mind that she and Justin will last forever.”

CLOCKWISE FROM TOP LEFT: ORTIS/SHUTTERSTOCK; CHRISTOPHER POLK/SHUTTERSTOCK; KATE BOSWORTH/INSTAGRAM; PELEVINA KSINIA/SHUTTERSTOCK; MOVIESTORE/SHUTTERSTOCK; NELLA/SHUTTERSTOCK; AFF-USA/SHUTTERSTOCK

Stars Go Green

These famous eco-warriors are on the front lines when it comes to saving Mother Earth **BY JAIME HARKIN**

Momoa received the Nature Baton ahead of the 2022 UN Ocean Conference.

JASON MOMOA

The *Aquaman* star has been an environmentalist all of his life. "Growing up in Hawaii, we are taught to respect our world, not pollute and help clean up," Momoa, 43, tells *Us*. Last June, he was named the Advocate for Life Below Water for UNEP (United Nations Environment Programme). "We fight to pass international restrictions on overfishing and polluting to protect our oceans," explains the actor, who recommends that people replace plastic water bottles with aluminum options. "It's an easy step towards a better world."

With reporting by Travis Cronin & Andrea Simpson

OUR HOUSE IS ON FIRE!
WE DEMAND A GREEN NEW DEAL
FIRE DRILL

"This is how we save lives," Fonda says of electing leaders who will work with urgency to mitigate the climate crisis.

JANE FONDA

Putting her money where her mouth is! The legendary actress was arrested four times in 2019 after launching weekly rallies in Washington, D.C., to bring attention to the climate crisis. "We need to focus on changing policy and politicians," declared Fonda, 85. "We need large numbers of people working together for solutions that work."

CLIMAT
CRISIS
ACT
NOW
WaterAid

BILLIE EILISH

During her 2022 Happier Than Ever Tour, the singer, 21, partnered with Reverb and set up Eco-Villages, where fans could fill up water bottles for free, register to vote and learn about environmental nonprofits. "I'm not going to tell you what to do," said the Grammy winner, who joined WaterAids' call for climate action last year. "I'm just going to tell you *why* I do this."

LUPITA NYONG'O

Nyong'o has long been fighting the good fight for wildlife conservation: She became the WildAid Global Elephant Ambassador in 2015, and four years later, the Oscar winner, 40, was honored as WildAid's Wildlife Champion. Noted the actress: "It's unthinkable that we could let [elephants] become extinct just to trade their ivory."

DON CHEADLE

Real-life superhero! The *Avengers* star, 58, works closely with the Solutions Project, an organization devoted to women of color working for clean energy. "I have always been interested in climate change and human rights and how those two things can go together," Cheadle tells *Us*. "Women are the future and an untapped resource in so many areas of the world, [and] we're trying to change that."

CLOCKWISE FROM TOP LEFT: VOLODYMYRSANYCH/SHUTTERSTOCK; ARMANDO FRANCA/AP/SHUTTERSTOCK; KEN MCKAY/ITV/SHUTTERSTOCK; JOSE LUIS MAGANA/AP/SHUTTERSTOCK; BILLIE EILISH/WATER AID/ALAMY; PASHABO/SHUTTERSTOCK; VINCE BUCCI/SHUTTERSTOCK; LUPITA NYONG'O/WILDAID; TIM UR/SHUTTERSTOCK; NOPPHARAT9889/SHUTTERSTOCK; CHELSEA LAUREN/SHUTTERSTOCK

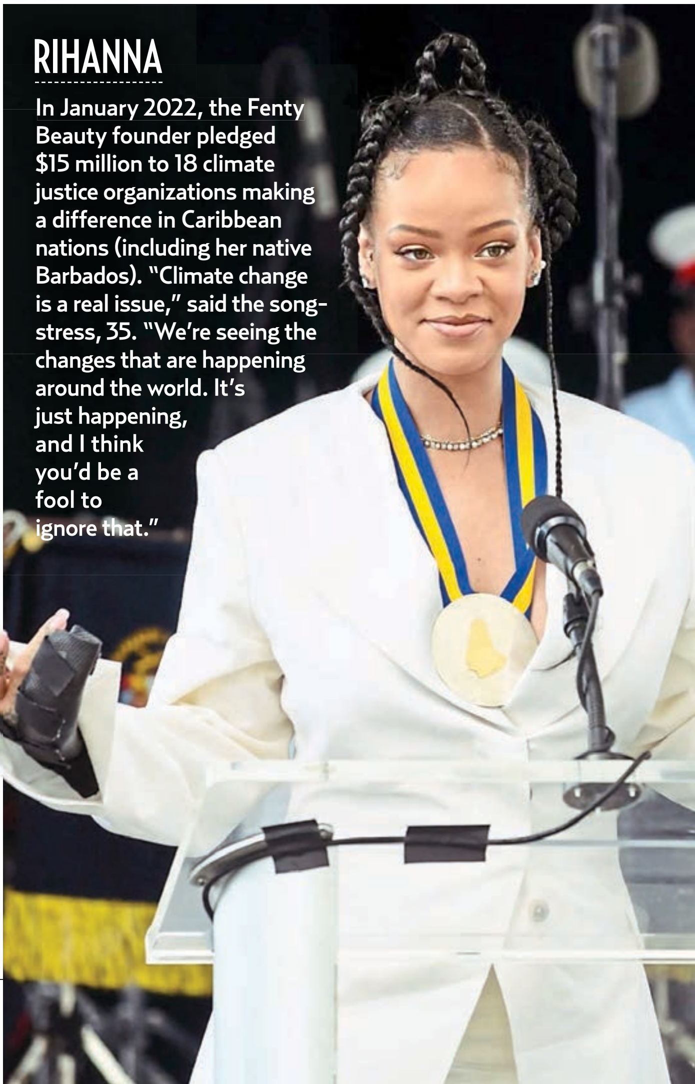
BLACKPINK

Since speaking out at the COP26 — the United Nations Climate Change Conference held in Glasgow in February 2021 — the K-pop group (Lisa, Jisoo, Jennie and Rosé) has been dedicated to spreading the word about climate change. "We have to be more aware of this environmental crisis," they've said. "The way things are going, there may be no planet left to save."

"We have the privilege of taking care of our natural family," Grenier, who helped launch the Clean Seas campaign to end marine plastic pollution, tells *Us*.

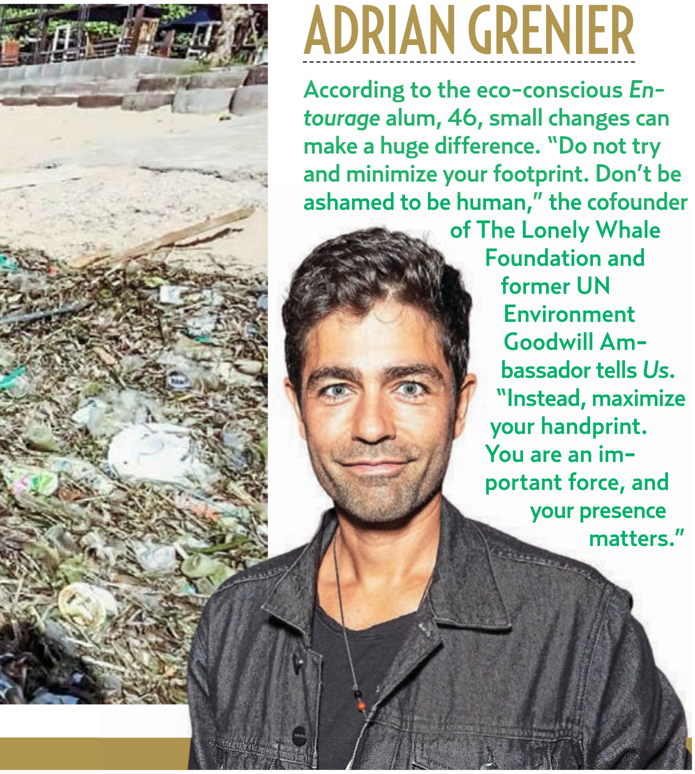
PRINCE HARRY & MEGHAN MARKLE

From her sustainable fashion choices to his conservation work with African Parks, Meghan, 41, and Prince Harry, 38, are at the forefront of the climate action movement. "As evolved as we all are supposed to be, we should be able to leave something better behind for the next generation," Harry told activist Jane Goodall in a 2019 interview.



RIHANNA

In January 2022, the Fenty Beauty founder pledged $15 million to 18 climate justice organizations making a difference in Caribbean nations (including her native Barbados). "Climate change is a real issue," said the songstress, 35. "We're seeing the changes that are happening around the world. It's just happening, and I think you'd be a fool to ignore that."



ADRIAN GRENIER

According to the eco-conscious *Entourage* alum, 46, small changes can make a huge difference. "Do not try and minimize your footprint. Don't be ashamed to be human," the cofounder of The Lonely Whale Foundation and former UN Environment Goodwill Ambassador tells *Us*. "Instead, maximize your handprint. You are an important force, and your presence matters."

GISELE BÜNDCHEN

The supermodel turned environmentalist — who had 40,000 trees planted in honor of her 40th birthday in 2020 — is hoping to pass down her passion for eco-mindedness to her children. "We have a garden at home, where the kids get to see and understand how long it takes for life to grow," said the fashion icon, 42. "Once they feel the magic of nature… they'll protect it."

Sustainable Chic

Stars are doing their part by creating and teaming up with vegan products and eco-friendly fashion lines

NIKKI REED

In 2017, Reed launched her Bayou With Love jewelry line made from sustainably sourced materials that can be repurposed. "I truly believe less is more," she's said.

JESSICA ALBA

Alba's organic brand, The Honest Company, is worth $550 million. "I'm so proud it's had the impact it has," she's told *Us*.

JOHN LEGEND

The singer recently launched an eco-friendly line of skincare called Loved01, featuring vegan, cruelty-free moisturizers and creams.

OLIVIA WILDE

Wilde is the chief brand activist for natural skincare line True Botanicals. Her advice for greener living: "Take one step."

ROSARIO DAWSON

The actress co-founded the ethical brand Studio One Eighty Nine, which produces African and African-inspired content and clothing.

ROONEY MARA

Mara's label, Hiraeth, is leather-, fur-, wool- and silk-free. "There's a lot of homework that goes into ensuring [that]," she's said.

LEONARDO DiCAPRIO

DiCaprio has invested in many sustainable companies over the years, most recently the British vegan sneaker brand Løci.

CLOCKWISE FROM TOP LEFT: NOPPHARAT9889/SHUTTERSTOCK; VOLODYMYRSANYCH/SHUTTERSTOCK; IMAGE PRESS AGENCY/NURPHOTO/SHUTTERSTOCK; SHAWN HEINRICHS/NOWTHIS; LEV RADIN/PACIFIC PRESS/SHUTTERSTOCK; PASHABO/SHUTTERSTOCK; IMAGE PRESS AGENCY/NURPHOTO/SHUTTERSTOCK (2); WILLY SANJUAN/INVISION/AP/SHUTTERSTOCK; AURORE MARECHAL/ABACA/INSTAR; ANDREW H. WALKER/SHUTTERSTOCK; VARIETY/REX/SHUTTERSTOCK; XAVIER COLLIN/IMAGE PRESS AGENCY; GISELE BÜNDCHEN/INSTAGRAM; RANDY BROOKS/AFP VIA GETTY IMAGES; MEGA; TIMUR/SHUTTERSTOCK

Hello, Sunshine!

Warm weather is upon *Us*! **Ty Pennington** dishes on how to get your pad ready for the rising temps

New Territory

Now that winter's over, head outside! "Expand your living space to the outdoor areas of your home — you can create an entire new room [out there]," *Rock the Block* host **Ty Pennington** tells *Us*, urging readers to go all out. "Don't stop at a few chairs or a table. Add pillows, candles and other decorative accents."

Backyard Oasis

Looking to create the ultimate outdoor hangout? "Lighting can set the mood," explains the *Trading Spaces* alum. "Look for solar or battery candles and create a fun atmosphere." A coat of paint is also an easy way to revamp a space — especially if things are starting to look weathered or worn. "[You can] freshen up anything with new paint," he adds. "That can mean a [new] color or just a fresh coat on a single item."

Fresh Approach

Flowers and plants are a must. "If you live in colder regions, your local nursery likely has spring and summer selections that are now there," notes the HGTV star. "You can bring some of that color indoors — with the right lighting, of course — or incorporate the brighter flowers into your outdoor space."

Spring Swaps

It's important to update the inside of your abode as well. "Add new throw pillows, blankets or other textiles," says Pennington, who suggests trading heavier fabrics like wool for airy linens and cotton — and changing color palettes to highlight spring and summer. "If your room has blue accents, add in a lighter shade like a French blue to accent navy, or swap out to a lighter shade altogether."

TUNE IN!

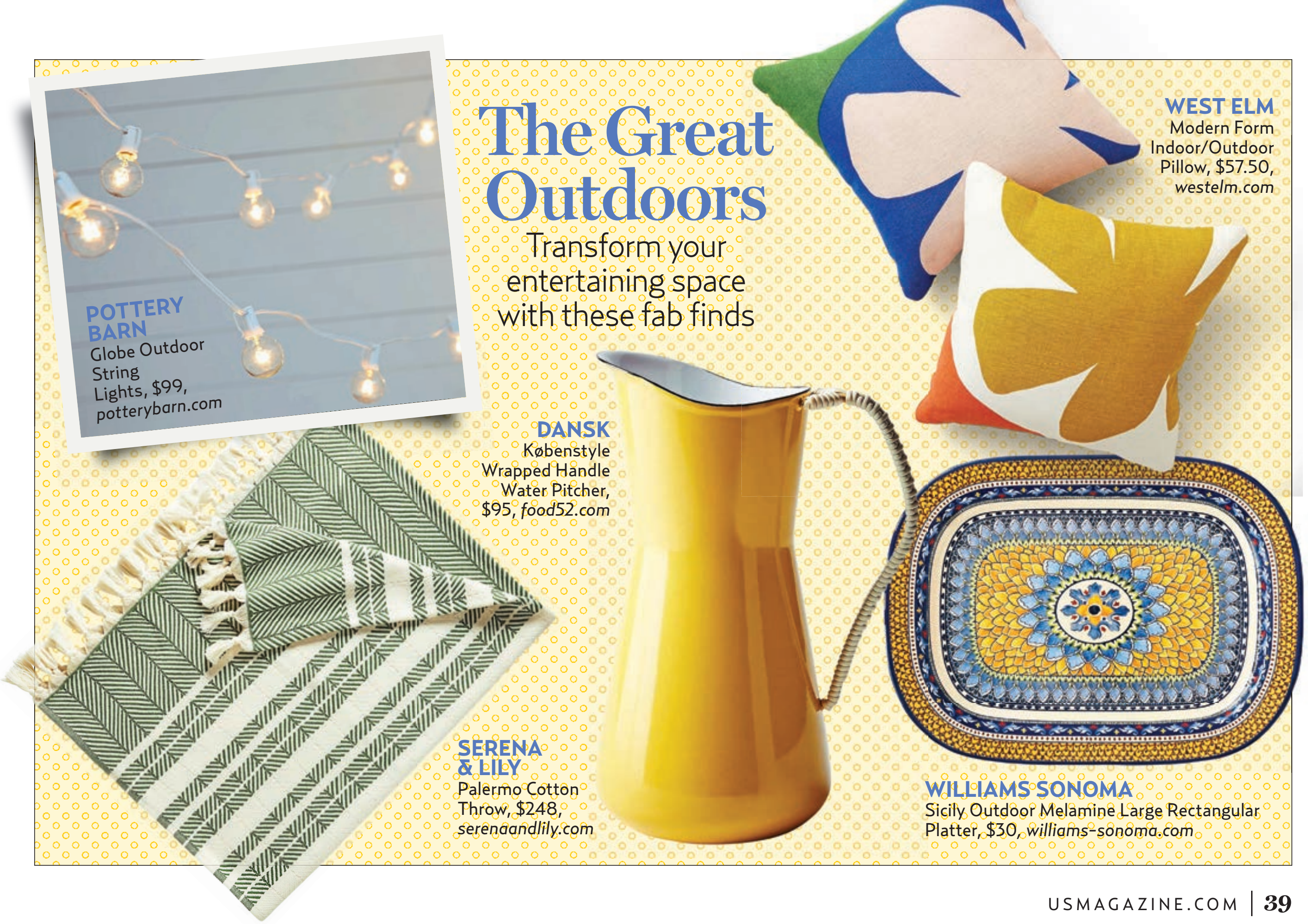
Catch the season 4 finale of Rock the Block April 10 at 9 P.M. on HGTV and streaming on Discovery+.

By **Isley Zegas** / With reporting by Crista Lacqua

(THIS PAGE) CLOCKWISE FROM TOP: GROUND PICTURE/SHUTTERSTOCK; HGTV; GROUND PICTURE/SHUTTERSTOCK; SHEILA SAY/SHUTTERSTOCK

The Great Outdoors

Transform your entertaining space with these fab finds



POTTERY BARN
Globe Outdoor String Lights, $99, potterybarn.com

DANSK
Købenstyle Wrapped Handle Water Pitcher, $95, *food52.com*

SERENA & LILY
Palermo Cotton Throw, $248, *serenaandlily.com*

WEST ELM
Modern Form Indoor/Outdoor Pillow, $57.50, *westelm.com*

WILLIAMS SONOMA
Sicily Outdoor Melamine Large Rectangular Platter, $30, *williams-sonoma.com*

It's all GLAD with CLOROX

Eliminate food and bacterial odors for all-in protection.

It's better than all good
It's all GLAD

NICE

boscia
Cica Soothing Universal Cream
Crème Apaisante Universelle à la Cica
100 mL/3.4 fl oz U.S.

SOOTHE IRRITATION

Naturally scented with lavender oil, Boscia's Cica Soothing Universal Cream calms inflammation — plus, the tube is made from 100 percent post-consumer recycled materials. **Sophie Turner** is a brand fan! ($22, *boscia.com*)

FARMACY
BRIGHTEN UP
3% TXA
dark spot toner
with azelaic acid + PHA
lotion tonique antitaches
avec acides azélaïque
et poly-hydroxy
120 ml | 4 fl. oz

DELETE DARK SPOTS

Farmacy's recyclable glass bottle of Brighten Up 3% TXA Dark Spot Toner helps neutralize hyperpigmentation. **Saweetie** uses it! ($34, *farmacybeauty.com*)

THE OUTSET
FIRMING VEGAN COLLAGEN PREP SERUM
SERUM RAFFERMISSANT AU COLLAGENE VEGAN
1FL OZ | 30ML

SAY BYE TO LINES

The refillable glass bottle of The Outset's Firming Vegan Collagen Prep Serum contains amino acid–rich black quinoa extract to plump up wrinkles. ($46, *theoutset.com*)

SpoiledChild™

GET A LIFT

Recycle the capsule of Spoiled Child's firming S33+ Anti-Aging Collagen Burst Serum and save the dispenser for reuse. ($74, *spoiledchild.com*)

BURT'S BEES
SHEA + COCONUT OIL
MOISTURIZING LIP BALM
Net Wt. 0.34 oz / 9.63 g

PROTECT YOUR POUT

Give dry lips a kiss of nourishing shea butter with a swipe of Burt's Bees Shea + Coconut Oil Moisturizing Lip Balm in a paper tube. ($8, *target.com*)

uni.
Hand Wash Refill
uni.
Hand Wash Refill

SUDS UP

Plant-based surfactants in Uni's Restoring Hand Wash deep clean while being reef-safe. When empty, send the bottle back but keep the dispenser to use forever. ($31, *weareuni.com*)

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sensitive™
CLEAN CONSCIOUS WIPES
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FRAGRANCE FREE | SANS PARFUM

PACKAGE!

Help protect the planet by choosing hair and skin essentials housed in super-sustainable vessels

FEKKAI
Clean Stylers
FLEXI-HOLD HAIRSPRAY
LACQUE SOUPLE
200ml / 190g / 6.6oz

SPRITZ SAFELY

Created with Honeywell, a clean propellant powers Fekkai's humidity-resistant Flexi-Hold Hairspray to protect the ozone layer. **Jennifer Coolidge** has used it! ($26, *fekkai.com*)

Kosas
Glow I.V.
Vitamin-Infused Skin Enhancer
Améliorateur de Peau Infusé de Vitamines

LOOK LUMINOUS

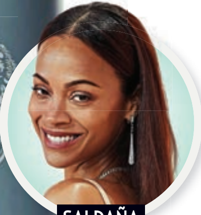
Packed in a tube made from 100 percent recycled materials, the ethically sourced mica in Kosas' Glow I.V. brightens the complexion. **Hailey Bieber** loves the brand! ($38, *kosas.com*)

OCEANLY
PLASTIC FREE BEAUTY
PHYTO-AGE
face serum
sérum visage
WATERCRESS EXTRACT
PHYTOOLYCOGEN
PEPTIDES
STICK | BÂTON 8.5 g | 0.3 oz

CALM REDNESS

Perfect for spring break travel, Oceanly's bladderwrack extract-laced Phyto-Calm Soothing Solid Face Serum comes in a cardboard tube. ($45, *attitudeliving.com*)

RŌZ
FOUNDATION Shampoo
Gently cleanses and strengthens
300 mL / 10.1 Fl Oz



MANAGE YOUR MANE

The aluminum jars filled with Rōz's collagen and peptide-packed The Foundation Shampoo and Conditioner Duo are fully recyclable. **Zoë Saldaña** uses them! ($72, *rozhair.com*)

MY WAY
parfum
GIORGIO ARMANI

MY WAY
GIORGIO ARMANI

POWER YOUR PERFUME

Once you've finished the woodsy vanilla juice of Giorgio Armani's My Way Parfum, refill the bottle. **Sydney Sweeney** wears it! ($142 for 50 ml, right; $150 for 100 ml refill, *giorgioarmanibeauty-usa.com*)

MyKirei by KAO
EASY-SPRAY LAUNDRY DETERGENT
12.8 FL OZ | 379 ml

CLEAN LAUNDRY

The compact bottle of My Kirei's 98 percent biodegradable ultra-concentrated Easy-Spray Laundry Detergent can be refilled forever. ($11, *mykirei.com*)

72 WIPES LINGETTES
7.1" x 8"
18cm x 20cm

SWIPE RIGHT

Remove makeup via Honest Beauty's Clean Conscious Wipes — the pack is compostable, disintegrating in eight weeks. **Jessica Alba** swears by them! ($5, *honest.com*)

By **Gwen Flamberg**

CLOCKWISE FROM TOP RIGHT: MATT BARON/BEI/SHUTTERSTOCK; CRASH/IMAGESPACE/SHUTTERSTOCK; BROADIMAGE/SHUTTERSTOCK; XAVIER COLLIN/ABACA/INSTAR; IMAGE PRESS AGENCY/NURPHOTO/SHUTTOCK; MATT BARON/BEI/SHUTTERSTOCK; JORDAN STRAUSS/INVISION/AP/SHUTTERSTOCK

TV • MOVIES • MUSIC • AND MORE!

US MUSTS

Ready For Takeoff

Jesse Metcalfe talks to *Us* about his new film, *On a Wing and a Prayer*

By **Leanne Aciz Stanton**

Based on a true story, *On a Wing and a Prayer* (April 7 on Prime Video) follows **Dennis Quaid**'s Doug White, who, after his pilot dies mid-flight, attempts to land a plane carrying his family with the help of **Jesse Metcalfe**'s ex-pilot, Kari. Here, the *Desperate Housewives* alum dishes on the drama with *Us*.

Q: What can you share about your character, Kari?

He had a lot of baggage from his past. His father and stepfather died in plane crashes, and that pushed him away from flying. Those demons were rearing their ugly head in his relationship. I was able to find a way into the character because I've experienced loss in my life, some of which I haven't totally dealt with, so that allowed me to get into the emotional mindset.

Q: Were there any experiences you drew from while filming?

I did have a near-death situation on a private flight to the Hamptons once. We had to buckle up [and] get into safety positions. We really thought we were going down. That was scary. Funny enough, I've never had a fear of flying.

Q: How was it working with your costars, Dennis and Heather Graham?

The film was shot in various isolated sets, [so] we never met in person because we were all on different schedules. I did meet Heather at a screening — she's wonderful — and I'm proud to share the screen with both of them.

"This movie got me interested in aviation," Metcalfe shares. "I might get my pilot's license."

The News-Times

PAUL ARCHULETA/GETTY IMAGES; (INSET) BORIS MARTIN/PRIME VIDEO

NEW NORDIC™

The No.1 Hair Supplement in Scandinavia

I had lost all hope but..

NOW I HAVE HAIR VOLUME!

Catherine always had problems with her hair, so she would go to the hairdresser often for treatments. With time, this began to take a toll on her hair, and she felt she had to do something about it.

ALSO AVAILABLE AS GUMMIES

"My name is Catherine and for years, I struggled with my hair. Dull, brittle, falling out…it was just a complete train wreck. I didn't know what to do.

I READ ABOUT HAIR VOLUME™

I was sitting on the couch one night when I saw an ad about Hair Volume™, a Swedish supplement with naturally derived hair nutrients. Everything about the ad was similar to my story. Seeing that I've always been interested in nourishing my hair and keeping it heathy, I went to my local health food store and learned about the importance of supplementation. The lady at the store also recommended Hair Volume™ as her customers spoke highly of it.

FINALLY, MY HAIR FELT REJUVINATED

After a few months of taking Hair Volume™, I noticed my hair starting to feel "heavy" on top. I was shocked but happy. It looked much healthier. My daughter is a hairdresser and I went to see her three weeks ago. She was also pleasantly surprised at the state of my hair. The best part is that my husband noticed something different in my hair too! I will definitely keep taking Hair Volume and highly recommend it to anyone wanting nourished hair and more hair volume."

– Catherine, California

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Hair Volume™
Nourishment for healthy and full hair†
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BIOPECTIN® APPLE EXTRACT
With biotin, zinc, copper, millet and vitamin B5
Dietary supplement
COSTUME SKJONHETS favoritter 2021
WINNER DANISH BEAUTY AWARD 2020
M&H PRODUCT of the YEAR WINNER
beauty shortlist WELLBEING AWARDS 2020 EDITOR'S CHOICE

Clinically proven hair tablet for normal hair growth and volume

Hair Volume™ is a clinically proven hair tablet with a combination of hair nutrients, including an apple extract, containing growth promoting procyanidin B2. The tablet provides nourishment for the hair follicles, from where the hairs are produced. Biotin and zinc help maintain normal hair growth and help your skin and nails too.

NO DAIRY · NO GLUTEN · VEGAN · NO GMO

RECOMMENDED BY **9/10** WOMEN*

Test-Yourself:

	YES	NO
Is your hair looking dull and thin?	○	○
Do you experience hair shedding?	○	○
Are your nails brittle?	○	○
Do you want to nourish your hair naturally?	○	○
Are you looking for more hair volume and shine?	○	○

If you answered Yes to these questions, then you should try Hair Volume™

* Based on our Clinical Hair Volume study of which 87% of people would recommend the product Hair Volume. Reference: "Evaluation of a functional food on the quality of the hairs on a panel of volunteers", Study 15E3405, Longjumeau, France. 12.Oct.2018

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TELEVISI

Take Five

WITH OLLIE GABRIEL

The artist known as The Wizard of OG catches up with *Us*!

ON WHAT INSPIRED HIS UPCOMING EP, *HERE COME THE BLESSINGS*
I wanted to write an anthem for myself and the world that celebrated the power of gratitude and encouraged us to expect wonderful things to flow into our lives.

ON HIS MEDIA BOOK, *WALK WITH ME*
It's a dream to create something that combines my passion for music, visual storytelling and making an impact. The book supports the mission of a nonprofit organization named Hope to Walk.

WALK
WITH
ME
AN IMPACT MEDIA BOOK

ON THE FAVORITE SONG HE'S RECORDED "Living Alive." It's about checking in with yourself and living fully present. It's got this really funky modern disco vibe.

ON HIS DREAM COLLABORATOR
Pharrell [Williams]. He's one of my favorites and you can feel the good intentions and vibrations in his music.

ON WHAT'S NEXT I've got a lot of new music ready to release, I've been acting, writing and producing my own stories, and I'm making my big-screen debut soon.

MOVIES

NOW IN THEATERS

AIR

★★★½

Few people cared when NBA rookie **Michael Jordan** signed a contract with Nike in 1984. Almost 40 years later, that footnote has inspired a totally terrific movie. But the legend isn't the star here — the actor who portrays him doesn't even show his face onscreen. Instead, Nike marketing whiz Sonny Vaccaro (**Matt Damon**) is the guy flying high with a dream. He's on a mission to sign the talented, albeit unproven, player to his fledgling shoe company and refuses to back down. He even pays an unauthorized visit to MJ's North Carolina home to pitch his no-nonsense mother (**Viola Davis**). Considering that Air Jordans now epitomize American corporate culture, it's a minor miracle director **Ben Affleck** (who also plays Nike CEO Phil Knight) has delivered such a shaggy and nostalgic-hued underdog story. Success in this world isn't rooted in money; it rides on optimism, gumption and faith in greatness. Just see it. MARA REINSTEIN

ON THIS WEEK

FRIDAY 4/7

TINY BEAUTIFUL THINGS

The limited series adaptation of **Cheryl Strayed**'s bestselling book follows Claire (**Kathryn Hahn**), a writer, wife and mother who accepts a job as an advice columnist in the midst of her personal life coming apart. (Hulu)

THURSDAY 4/13

FLORIDA MAN

After losing everything to gambling, **Édgar Ramírez**'s Mike is ordered to find a mobster's missing girlfriend (**Abbey Lee**) in Florida, only to be dragged into a warped scenario involving secrets and lies. (Netflix)

FRIDAY 4/14

THE LAST THING HE TOLD ME

In this thriller, based on the 2021 novel, Hannah (**Jennifer Garner**) must form a bond with her stepdaughter to solve the mystery of her husband's (**Nikolaj Coster-Waldau**) disappearance. (Apple TV+)

FRIDAY 4/14

A BLACK LADY SKETCH SHOW

Robin Thede, Gabrielle Dennis and **Skye Townsend** return for the Emmy-winning comedy series' fourth season featuring new stars **DaMya Gurley, Tamara Jade** and **Angel Laketa Moore.** (HBO, 11 P.M.)

CLOCKWISE FROM TOP: COURTESY OLLIE GABRIEL; ERIN SIMKIN/HULU; JACKSON LEE DAVIS/NETFLIX; APPLE TV+; ALI PAIGE GOLDSTEIN/HBO; COURTESY AMAZON STUDIOS

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If you are feeling exhausted and in need of revitalization, you should consider a detox or cleanse. With Active Liver™ you have the tool to do this gently and on a daily basis.

Detox your body - *all year long*

Each day, our liver is working hard to remove waste products and toxins from processed foods, unclean air, water and even our own body. But as we get exposed to increasingly more toxins, the liver struggles to remove them all and can start storing them in our body fat. We quickly may notice the results in our energy levels, in our lack of youthful appearance – and surprisingly, on our waistlines.

UNJUNKING YOUR BODY

A detox, like a water or juice fast, is an excellent way to rid the body of stored toxins, but it is often difficult to abide by, and involves days or even weeks of feeling tired and sick. However, there are other ways.

DETOX WITH ONE TABLET A DAY

Active Liver™ is a dietary supplement that helps promote a healthy liver and helps you detox on a daily basis – all year round. With just one tablet a day, it gently but effectively uses known herbal extracts to facilitate detoxing of the body –without the “side effects”.

THE LIVER & YOUR WAISTLINE

The liver is an important fat burning organ. If the liver is sluggish or clogged with waste material, it can start building up around the waistline, and even inside the internal organs (which may lead to a fatty liver). Making sure your liver is working well will help you flush fats from the body.

TEST YOURSELF:

	YES	NO
I suffer from headaches or brain fog	○	○
I have a hard time losing weight	○	○
I have indigestion & bloating	○	○
I’m tired all the time	○	○
My skin itches and I see brown spots	○	○
My tongue is coated	○	○

DOES THIS SOUND LIKE YOU?

Then try Active Liver as a help to promote your liver health.

HELPS DAILY DETOX
NEW NORDIC
Active Liver
Helps support liver function
Promotes a healthy liver
30 tablets • Just 1 tablet per day
MANUFACTURED IN SWEDEN
Milk Thistle, globe artichoke, and turmeric
Dietary Supplement
NEW!
SUGAR FREE
NEW NORDIC
Active Liver™
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Helps support liver function
WITH TURMERIC, ARTICHOKE AND MILK THISTLE
60 gummies with peach / mango
Dietary Supplement

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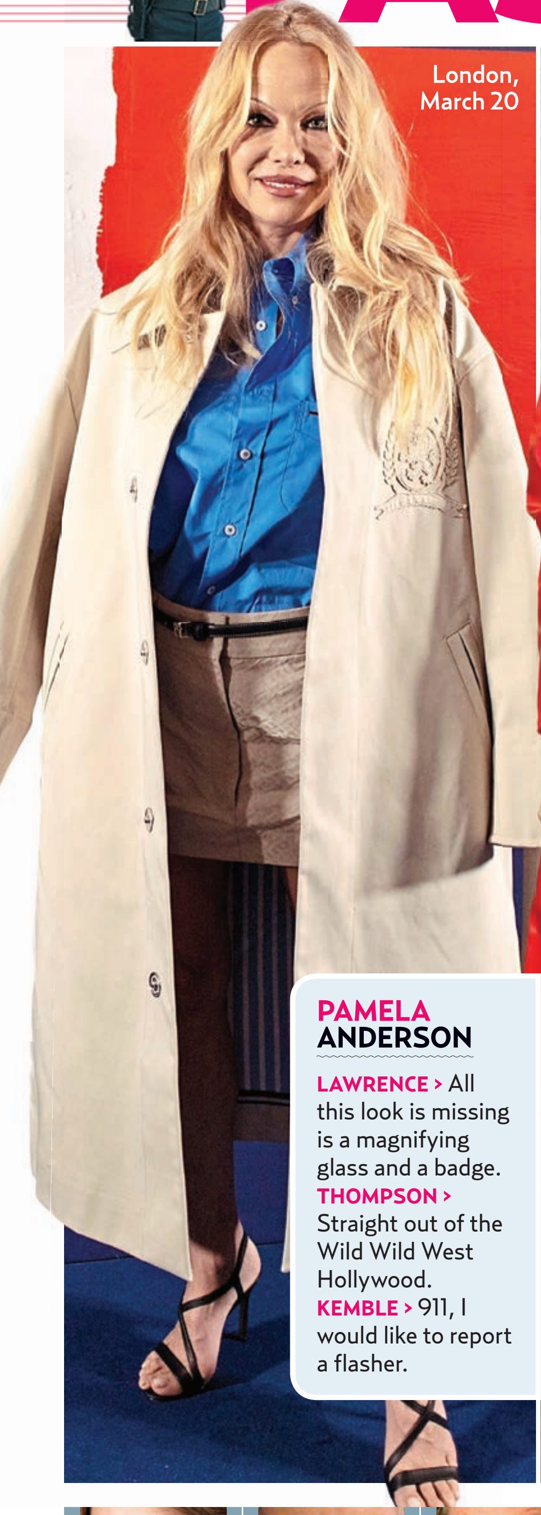
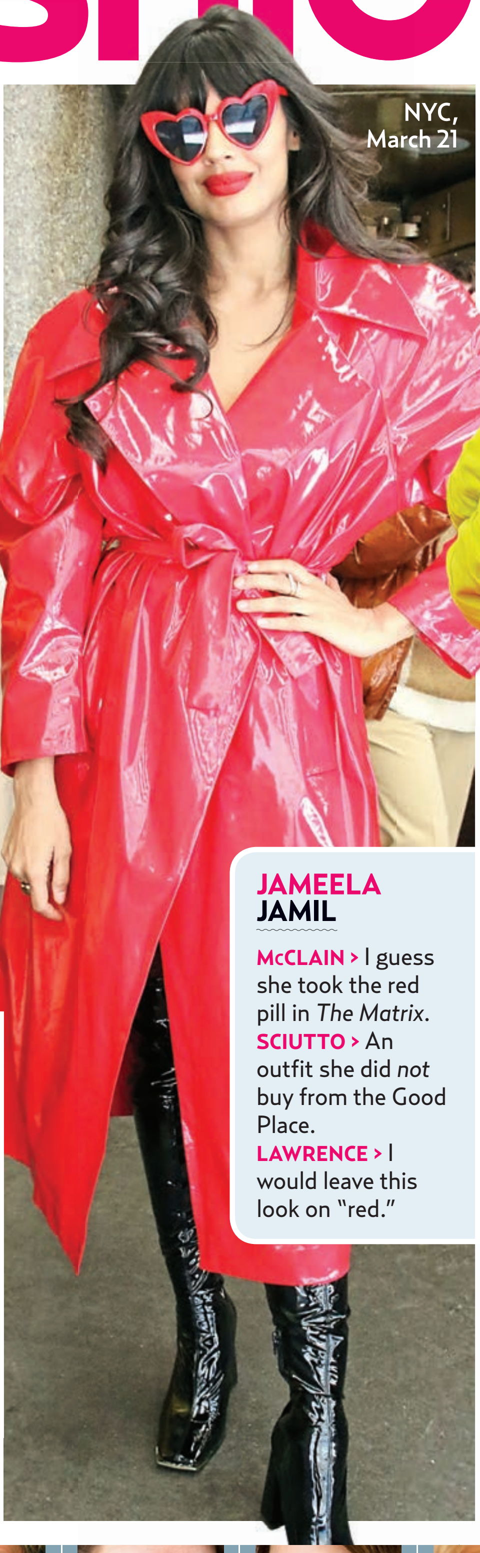
FASHIONPO



London, March 20

PAMELA ANDERSON

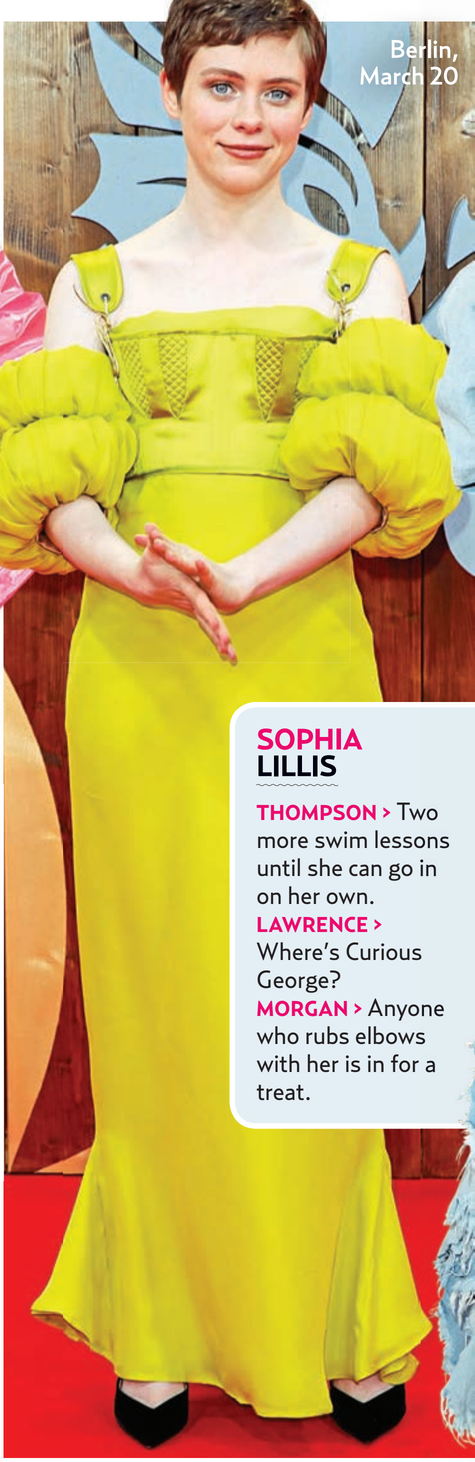
LAWRENCE > All this look is missing is a magnifying glass and a badge.
THOMPSON > Straight out of the Wild Wild West Hollywood.
KEMBLE > 911, I would like to report a flasher.



NYC, March 21

JAMEELA JAMIL

McCLAIN > I guess she took the red pill in *The Matrix*.
SCIUTTO > An outfit she did *not* buy from the Good Place.
LAWRENCE > I would leave this look on "red."

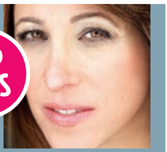


Berlin, March 20

SOPHIA LILLIS

THOMPSON > Two more swim lessons until she can go in on her own.
LAWRENCE > Where's Curious George?
MORGAN > Anyone who rubs elbows with her is in for a treat.

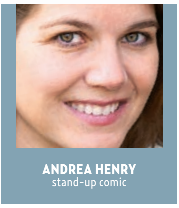
TOP COPS



COOPER LAWRENCE
radio personality, cooperlawrence.com

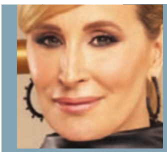
WOODY THOMPSON
owner, Eyeboogie, Inc.

STEVE KEMBLE
CBS Radio



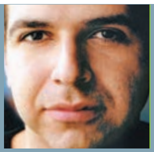
ANDREA HENRY
stand-up comic

NELLIE SCIUTTO
actor/CBS11 correspondent



SONJA MORGAN
fashion designer, star of *RHONY*, @sonjatmorgan

JOHN McCLAIN
John McClain Design, interior designer, Los Angeles

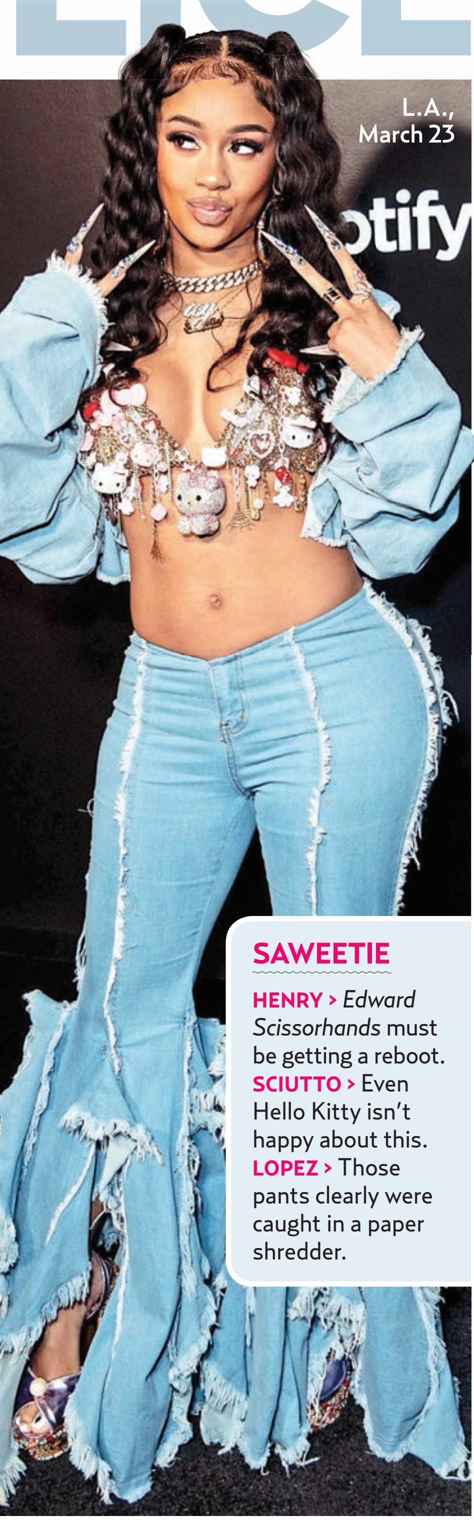


JOHNNY LOPEZ
@TheJohnnyLopez

FROM LEFT: TOLGA AKMEN/EPA-EFE/SHUTTERSTOCK; ROGER WONG/INSTAR; DDP/INSTAR; JC OLIVERA/PICTURE-GROUP FOR HULU/SHUTTERSTOCK; CAROLINE BREHMAN/EPA-EFE/SHUTTERSTOCK; LISA OCONNOR/AFF-USA/MEGA

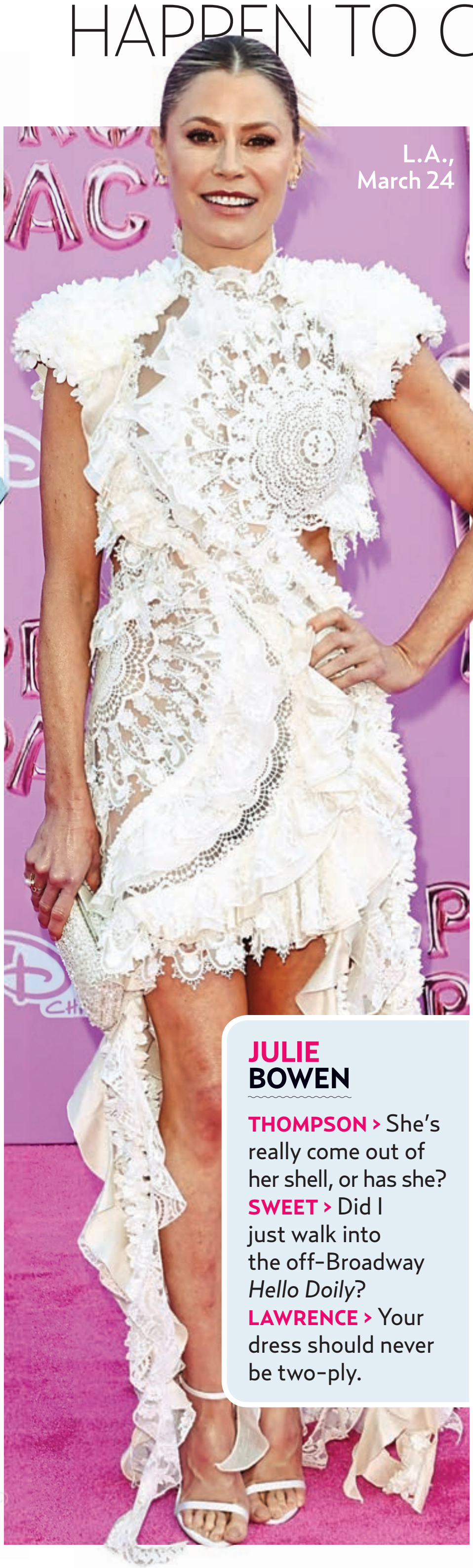
LICE

WHEN BAD CLOTHES HAPPEN TO GOOD PEOPLE


L.A., March 23

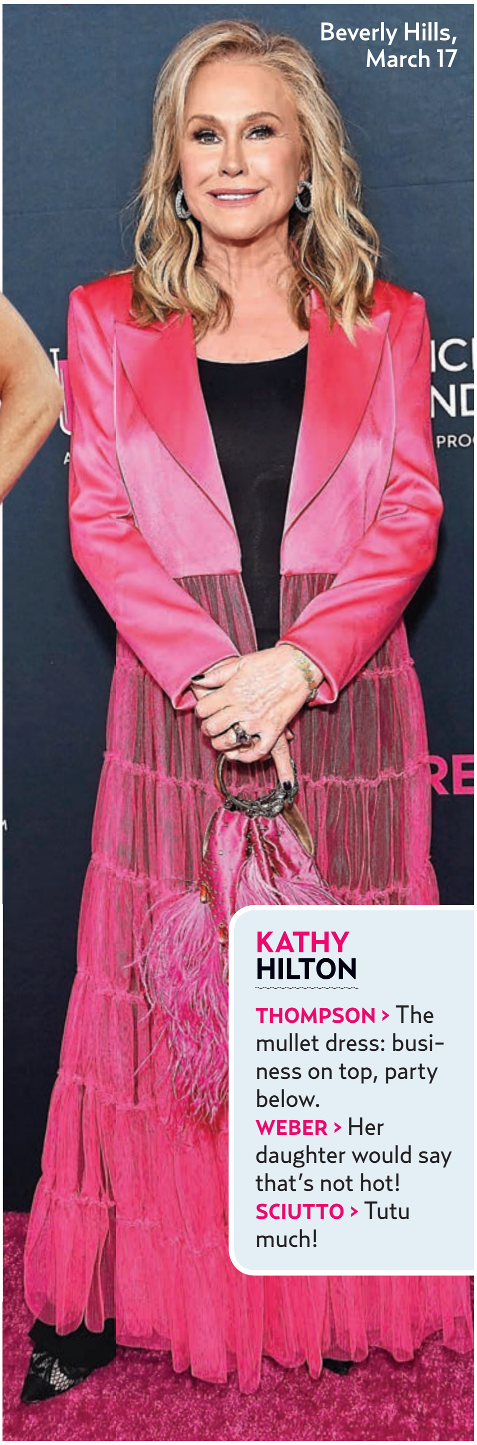
SAWEETIE

HENRY > *Edward Scissorhands* must be getting a reboot. **SCIUTTO >** Even Hello Kitty isn't happy about this. **LOPEZ >** Those pants clearly were caught in a paper shredder.


L.A., March 24

JULIE BOWEN

THOMPSON > She's really come out of her shell, or has she? **SWEET >** Did I just walk into the off-Broadway *Hello Doily*? **LAWRENCE >** Your dress should never be two-ply.


Beverly Hills, March 17

KATHY HILTON

THOMPSON > The mullet dress: business on top, party below. **WEBER >** Her daughter would say that's not hot! **SCIUTTO >** Tutu much!

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THINGS YOU DON'T KNOW ABOUT ME

BY DeuxMoi

The anonymous celebrity blogger reveals some fun personal facts for *Us*!

DEUXMOI.
DEUXMOI.
DEUXMOI.
DEUXMOI.
DEUXMOI.

Anon Pls. is available wherever books are sold.

1. I'm really good at detangling a knot out of a necklace.

2. My first car was a red Toyota that I was given before I had my license. I would let my friends with licenses drive it.
3. I don't exchange phone numbers with celebrities, although a few have given me theirs. I'll keep who anon pls.
4. My most starstruck moment was meeting **Mary-Kate Olsen** at a restaurant in NYC. I asked to take a photo [and] she said I could catch her when she was leaving. I didn't want to disturb her, so I never got that pic.
5. My favorite items in my wardrobe are vintage Banana Republic T-shirts.
6. My favorite book is *The Official Preppy Handbook*.

7. My favorite meal to cook is a taco salad made with Beyond Meat or Boca Crumbles.

8. On Saturday nights, you'd find me watching screeners and enjoying herbal refreshments. There's a new show coming out on Hulu called *Saint X* that is so good.
9. On Sundays, you'd find me posting "Sunday Spotted" [submissions] on my @deuxmoi Instagram account.
10. My celebrity crush growing up was **Joshua Jackson**.
11. I've watched the entire *Pretty Little Liars* series about 15 times.
12. I receive the most tips about **Leonardo DiCaprio** and the cast of *Gossip Girl*.
13. The song that brings back the best memories is "Wonderwall" by **Oasis**.
14. "The Tracks of My Tears" by **Smokey Robinson** is my go-to karaoke song.
15. I can't live without Augustinus Bader moisturizer.
16. My *Deux U* podcast dream guest is **Nancy O'Dell**.
17. I've created an alias to make reservations and have lied to people about what I do for work.

18. I'd like to go to the San Domenico Palace in Italy because of *The White Lotus*.

19. I worked on [my novel] *Anon Pls.* during the weekends, when the celeb news cycle was slower.
20. The closest I've come to being discovered was when I sat next to a table of celebrities I've DMed with at Carbone in NYC.
21. I'm still keeping my hardest celebrity secret to keep! There are some things that I don't want to be responsible for reporting.

22. My most embarrassing moment was having a piece of toilet paper sticking out of the top of my leggings while doing squats during a group boot camp.

23. My family and friends know that I'm DeuxMoi. At this point, I can't hide it.
24. The average I spend on social media is seven hours and 38 minutes per day.
25. I don't DM and tell, but all of the celebrities who've DMed me have been lovely. Except for one! There's a hint about them in *Anon Pls*.

CLOCKWISE FROM THE TOP: ROSALIE S PHOTO/SHUTTERSTOCK; CHRISTOPHER MOSWITZER/SHUTTERSTOCK; NIKOLA BILIC/SHUTTERSTOCK; PREDRAG MILOSEVIC/SHUTTERSTOCK; IBREAKSTOCK/SHUTTERSTOCK; P MAXWELL PHOTOGRAPHY/SHUTTERSTOCK

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